

Rugby High School Track & Field Results
WELLS COUNTY INVITATIONAL
Fessenden, ND – Saturday, May 15, 2010

100 Meter Dash

Allison Volk - 14.67
Ashley Leier - 14.80
Rachel Schmaltz - 14.90

200 Meter Dash

Crystal Hovland - 27.53 - 6th place
Shanaya Fred - 29.02
Kassi Jorgenson - 29.22
Allison Volk - 30.36
Josie Klein - 31.64
Alicia Leier - 31.65

400 Meter Dash

Alicia Leier - 1:11.08

800 Meter Run

Cassandra Jaeger - 2:49.84

1600 Meter Run

Mariya Bernhardt - 6:19.23
Cortney Stewart - 7:31.36

3200 Meter Run

Carleen Shively - 14:29.59
Paxton Klein - 15:03.79
Camille Klein - 15:40.07

100 Meter Hurdles

Crystal Hovland - 16.48 - 1st place - **SQ**
Aubrey Hovland - 17.36 - 5th place

300 Meter Hurdles

Crystal Hovland - 46.90 - 1st place - **SQ**
Emily Stier - 51.70
Aubrey Hovland - 55.66

Shot Put

Molly Koenig - 34'3" - 5th place
Emily Fritel - 30'8"
Naomi Cobb - 27'5"
Laura Fritel - 24'6"
Brittany Kleespie - 20'9"

Discus

Naomi Cobb - 83'2"
Molly Koenig - 80'1"
Laura Fritel - 77'1"
Emily Fritel - 68'4"
Brittany Kleespie - 58'2"

Javelin

Paige Haman - 107'2" - 6th place
Molly Koenig - 94'3"
Taylor Stone - 91'6"
Allison Volk - 84'4"
Naomi Cobb - 79'5"
Laura Fritel - 71'7"

Long Jump

Stephanie Friestad - 17'¼" - 1st place - **SQ**
Courtney Putnam - 14'7½"
Josie Klein - 14'1"

Triple Jump

Stephanie Friestad - 34'0" - 3rd place - **SQ**
Courtney Putnam - 30'8"
Josie Klein - 28'8½"

High Jump

Aubrey Hovland - 5'2" - 1st place - **SQ**
Courtney Putnam - 4'1"

Pole Vault

Stephanie Friestad - 6'0" - 8th place

4 x 100 Meter Relay

Emily Stier(14.18), Aubrey Hovland(12.68)
Stephanie Friestad(14.15), Shanaya Fred(13.89)
54.84 - 8th place

4 x 200 Meter Relay

Shanaya Fred(28.80), Alicia Leier(31.58)
Bailey Nelson(29.00), Cassandra Jaeger(29.67)
1:59.29

4 x 400 Meter Relay

Emily Stier(1:06.10), Cassandra Jaeger(1:06.46)
Sydney Kraft(1:03.59), Shanaya Fred(1:06.42)
4:22.94 - 5th place

4 x 800 Meter Relay

Taylor Stone(2:36.20), Chelsea Halvorson(2:43.19)
Hannah Christenson(2:46.47), Sydney Kraft(2:38.23)
10:44.16 - 6th place

GIRLS TEAM SCORES

1. Carrington - 150
2. Benson County - 73
3. Langdon - 70
4. Rugby - 69
5. Velva/Drake/Anamoose - 56
6. New Rockford-Sheyenne/Wells County - 55
7. Surrey - 49
8. Strasburg - 30
9. Central McClean - 27
10. Glenburn - 26
11. Harvey - 20
11. Minot Bishop Ryan - 20
13. Mohall-Lansford-Sherwood - 16
13. New Town - 16
15. Garrison/Max - 15
16. Northern Lights - 11
17. Central Prairie - 10
18. Dunseith - 6
18. Kidder County - 6
18. Des Lacs-Burlington - 6
21. Wing - 5
22. Belcourt - 4
23. Rolette/Wolford - 1

SQ - State Qualifier
SR - School Record
MR - Meet Record