

RUGBY HIGH SCHOOL
GIRLS TRACK & FIELD LETTER & AWARD WINNERS
2010

Seniors

Mariya Bernhardt (5)
Stephanie Friestad (6)
Chelsea Halvorson (6)
Paige Haman (3)
Kelsey Mongeon (4)
Courtney Putnam (5)
Taylor Stone - Towner (3)

Juniors

Emily Fritel (2)
Rachel Hoffert (4)
Crystal Hovland (5)
Josie Klein (3)
Brittney Kleespie (1)
Molly Koenig (2)
Michelle Lemar (2)
Emily Paul (4)
Cortney Stewart (3)
Carly Wise (2)
Samantha Rozmarynowski - Stat (3)
Kirstan Salwey - Stat (2)

Sophomores

Naomi Cobb (1)
Paxton Klein (2)
Sydney Kraft (4)
Ashley Leier (2)

Freshmen

Laura Fritel (1)
Aubrey Hovland (3)
Allison Leer (1)
Caley Nelson - Towner (1)
Emily Pfiefer - Stat (1)
Rachel Schmaltz (1)

8TH Graders

Hannah Christenson (2)
Shanaya Fred (2)
Cassandra Jaeger (2)
Carleen Shively (1)
Allison Volk (1)

7th Graders

Jessica Blessum (1)
Kassi Jorgenson (1)
Camille Klein (1)
Alicia Leier (1)
Bailey Nelson (1)
Emily Stier (1)
Alexis Thompson - Towner (1)

MOST VALUABLE

Stephanie Friestad
Sydney Kraft

MOST DEDICATED

Stephanie Friestad
Crystal Hovland

MOST IMPROVED

Molly Koenig
Emily Stier

TEAM MOTIVATOR

Mariya Berhardt

TEAM CAPTAINS

Mariya Bernhardt
Chelsea Halvorson

LEADING SCORER

Stephanie Friestad – 219³/₄ points