

Wells County Invite Girls - 5/09/09

300 Hurdles

1. Ashley Salwey Rug 47.36 SQ
2. Shelby Wetzel NRS/WC 48.57 SQ
3. Whitney Boehm V-D 48.60 SQ
4. Kara Fike NRS/WC 49.63
5. Logan Dick Lang. 50.66
6. Sarah Weidler V-D 51.05
7. Cassidy Unterseher NRS/WC 53.07
8. Jami Feist V-D 54.98

100 Dash

1. Julie Dinius Lang. 12.38 SQ
2. Maddi Lamb NC 12.46 SQ
3. Lindsey Sand KCP 12.47 SQ
4. Shelby Gillett NC 12.80 SQ
5. Brandy Schimelfenig NRS/WC 13.28
6. Kate Heilman Har. 13.54
7. Alex Webster KCP 13.68
8. Kaylee Scott Rol/Wol 13.91

1600 Run

1. Alyssa Anderson BCW 5:39.67
2. Erin Leier BCW 5:51.26
3. Chandi Yankton Dun. 5:55.09
4. Shaiyan Davis Dun. 5:57.84
5. Marya Bernhardt Rug. 6:07.14
6. Jenna Fossum Rug. 6:21.20
7. Hailey Wetmore KDP 6:38.43
8. Jocelyn Seiler Rug. 6:53.45

400 Dash

1. Maddi Lamb NC 1:02.02
2. Sydney Kraft Rug. 1:03.28
3. Tasha Heisler V-D 1:04.41
4. Adrienne Martwick 1:04.58
5. July Erfle NRS/WC 1:05.99
6. Mercedes Stein Lang. 1:06.03
7. Courtney Heupel CP 1:07.73
8. Ali Totingham KCP 1:09.23

800 Run

1. Sara Schwanze BCW 2:28.56
2. Katelynn Engh BCW 2:29.82
3. Alyssa Anderson BCW 2:35.19
4. Shaiyan Davis Dun. 2:42.56
5. Amy Rorvig NC 2:44.60
6. Alyssa Bruer NRS/WC 2:48.28
7. Kristi Black Rug. 2:55.34
8. Courtney Roscoe NRS/WC 3:01.45

4x800 Relay

1. Velva-Drake 10:18.63 SQ
2. NRS/WC 10:29.00
3. Rugby 10:54.37

4x200 Relay

1. Velva Drake 1:50.41 SQ
2. Rugby 1:52.88
3. Kidder County 1:52.89
4. NRS/WC 1:54.62
5. Nelson County 2:02.03
6. Rollette/Wolford 2:04.05
7. Benson County 2:10.93

4x100 Relay

1. Langdon 52.32 SQ
2. Rugby 53.28
3. NRS/WC 55.16
4. Rolette/Wolford 58.23
5. Benson County 58.96
6. Velva-Drake 59.08

100 Hurdles

1. Aubrey Hovland Rug. 17.23
2. Crystal Hovland Rug. 17.25
3. Cheyenne Unterseher NRS/WC 17.78
4. Sara Weilder V-D 18.08
5. Whitney Boehm V-D 18.47
6. Jami Feist V-D 18.82
7. Jordan Spitzer CP 19.43
8. Katie Henry Rol/Wol 19.76

200 Dash

1. Brittany Berndt V-D 26.53 SQ
2. Maddi Lamb NC 26.69 SQ
3. Brittany Thingstad V-D 26.92
4. McKenzie Hart Lang. 27.15
5. Crystal Hovland Rug 27.45
6. Shelby Gillett NC 27.48
7. Whitney Boehm V-D 27.85
8. Lyndsey Sand KCP 28.00

3200 Run

1. Sydney Kraft Rug 12:00.31 SQ
2. Kara Kuntz V/D 12:08.18 SQ
3. Laura Lies NRS/WC 12:10.09 SQ
4. Cassidy Peterson V/D 13:13.10
5. Taylor Thompson NRS/Wc 17:26.13

Shot Put

1. Jessica Meland Har. 33'2"
2. Kellie Feakes NRS/WC 32'8"
3. Ashley Lommen NRS/WC 31'10"
4. Kelsey Moengen Rug. 30'9"
5. Courtney Hestdalen BCW 30'8"
6. Abigail Martwick SCA 30'5"
7. Molly Koenig Rug. 30'1"
8. Sam Maxwell NRS/WC 29'6"

Javelin

1. Alex Webster Kidder 115' SQ
2. Shannon Overby Lang. 109'3"
3. Kristi Black Rug. 90'8"
4. Taylor Brudevold V-D 90'1"
5. Kaya Engen SCA 86'9"
6. Taylor Armstrong Rol/Wof 78'7"
7. Eli Benz KCP 76'11"
8. Kellie Feakes NRS/WC 74'2"

Pole Vault

1. Julie Duinis Lang. 7'6"
2. Taryn Jacob NRS/WC 6'0"
3. Cassidy Weber NRS/WC 5'6"

Triple Jump

1. Sharisa Yri BCW 34'11.5"
2. Brittney Berndt V-D 33'5"
3. Jamie Effertz V-D 32'10"
4. Stephanie Friestad Rug. 32'4.5"
5. Lindsey Sand KCP 31'7"
6. Josie Klein Rug. 30'8"
7. Katelyn Becube Rug. 30'6.5"
8. Jessica Roscoe WC/NRS 27'8.5"

4x400 Relay

1. Velva/Drake 4:23.76
2. NRS/WC 4:39.38
3. Benson County 4:40.78
4. Nelson County 4:45.12

Discus

1. Kellie Feaks WC/NRS 100'10"
2. Ashley Lomen WC/NRS 99'9"
3. Abiyail Martwick SCA 90'9"
4. Katelyn Sandy V-D 88'7"
5. Sloan Peterson V-D 87'7"
6. Kelsey Mongeon Rug. 85'4"
7. Eli Benz NC 81'5"
8. Chandra Anderson BC 80'4"

High Jump

1. Aubrey Hovland Rug. 4'7"
2. Meghan Jorsenson BCW 4'7"
3. Kari Weniger SCA 4'7"
4. Courtney Putnam Rug. 4'5"
4. Kelsey Tofte Rol/Wol 4'5"
6. Joclyn Seiler Rug. 4'3"
7. Deelra Gage Lang. 4'1"
8. Katie Demster NRS/WC 4'1"

Long Jump

1. Shariso Yri BCW 17'1" SQ
2. Brittney Berndt V-D 16'5" SQ
3. Jaimie Effertz V-D 16'1"
4. Steph Freistad Rug. 15'10.75"
5. Tashina Walker Har. 15'4.75"
6. Abbie Paul Rug. 15'3"
7. Courtney Putnam Rug. 14'9.5"
8. Kaitlyn Beniloe Rug. 14'5.5"

Team Totals

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| 1. Rugby 136.5 | 10. Harvey 17 |
| 2. Velva/Drake 134 | 11. Dunseith 16 |
| 3. NRS/WC 120 | 12. Central Prairie 4 |
| 4. Benson County 87 | |
| 5. Langdon 52 | |
| 6. Nelson County 49 | |
| 7. Kidder County 34 | |
| 8. Sheridan County/Anamoose 24 | |
| 9. Rolette/Wolford 17.5 | |