

Rugby High School Track & Field Results
RUGBY PANTHER BOOSTER INVITATIONAL
Rugby, ND – Tuesday, April 21, 2009

100 Meter Dash

Rachel Allickson - 14.76
Jessica Jaeger - 15.01
Carly Wise - 15.24
Gabby Samuda - 15.31
Ashley Leier - 15.49

200 Meter Dash

Ashley Salwey - 26.93 - 1st place
Rachel Allickson - 30.51
Stephanie Friestad - 31.50
Carly Wise - 31.74
Paxton Klein - 34.18

400 Meter Dash

Abbey Paul - 1:09.02 - 5th place
Chelsea Halvorson - 1:10.07 - 7th place
Carly Wise - 1:12.09
Katelyn Berube - 1:12.99
Paxton Klein - 1:17.01
Emily Voeller - 1:18.58

800 Meter Run

Jenna Fossum - 2:42.52 - 1st place
Taylor Stone - 2:45.45 - 4th place
Mariya Bernhardt - 2:52.37
Josie Klein - 2:59.70
Cortney Hill - 3:19.56

1600 Meter Run

Jenna Fossum - 6:11.27 - 6th place
Taylor Stone - 6:20.71 - 7th place
Joclyn Seiler - 6:59.69
Cortney Hill - 7:31.08

3200 Meter Run

Sydney Kraft - 12:04.45 - 1st place - **SQ**
Hannah Christenson - 14:14.91 - 6th place
Joclyn Seiler - 15:26.33 - 7th place

100 Meter Hurdles

Ashley Salwey - 16.50 - 1st place - **SQ**
Crystal Hovland - 17.85 - 3rd place
Aubrey Hovland - 18.41 - 5th place

300 Meter Hurdles

Ashley Salwey - 48.85 - 1st place
Crystal Hovland - 51.63 - 3rd place
Aubrey Hovland - 54.57 - 8th place

Shot Put

Molly Koenig - 31'2" - 4th place
Michelle Lemar - 28'11"
Emily Fritel - 28'10"
Kelsey Mongeon - 28'3"
Nicole Hooker - 24'5½"
Kenzie Cameron - 24'4"
Maddy Cameron - 24'2½"
Gabby Samuda - 23'6"
Ashley Leier - 21'5"
Emily Schmaltz - 18'2"
Emerald Collins - 16'4½"

Discus

Kelsey Mongeon - 87'6" - 5th place
Molly Koenig - 84'6" - 7th place
Nicole Hooker - 72'11"
Kenzie Cameron - 71'7"
Paige Haman - 68'5"
Maddy Cameron - 65'9"
Emily Fritel - 62'1"
Michelle Lemar - 61'7"
Ashley Leier - 58'8"
Emerald Collins - 49'2"
Emily Schmaltz - 48'3"

Javelin

Tessa Koenig - 89'10" - 3rd place
Paige Haman - 83'6" - 6th place
Molly Koenig - 80'1"
Mariya Bernhardt - 70'7"
Maddy Cameron - 70'1"
Kenzie Cameron - 61'8"
Emily Fritel - 60'1"
Michelle Lemar - 58'8"
Ashley Leier - 56'11"
Emerald Collins - 38'9"

Long Jump

Stephanie Friestad - 15'9¾" - 6th place
Courtney Putnam - 15'7" - 7th place
Katelyn Berube - 13'7"
Josie Klein - 13'5"
Abbey Paul - 12'11¾"
Tessa Koenig - 12'3"
Gabby Samuda - 11'11"
Jessica Jaeger - 11'8½"
Emily Voeller - 11'1¾"

Triple Jump

Stephanie Friestad - 32'4" - 1st place
Courtney Putnam - 31'6" - 2nd place
Katelyn Berube - 28'7" 6th place
Josie Klein - 27'3¾" - 7th place
Jessica Jaeger - 27'1" - 8th place
Emily Voeller - 22'11"

High Jump

Aubrey Hovland - 4'11" - 2nd place
Courtney Putnam - 4'7" - 3rd place
Crystal Hovland - 4'5" - 4th place
Jessica Jaeger - 4'1" - 8th place
Abbey Paul - 4'1"
Emily Voeller - No Height

Pole Vault

Joclyn Seiler - 6'0" - 6th place 3-way tie
Tessa Koenig - 6'0" - 6th place 3-way tie

4 x 100 Meter Relay

Rachel Allickson(14.91), Stephanie Friestad(14.91)
Gabby Samuda(14.59), Courtney Putnam(13.71)
58.24 - 5th place

4 x 200 Meter Relay

Crystal Hovland(30.59), Aubrey Hovland(28.75)
Chelsea Halvorson(28.13), Ashley Salwey(28.25)
1:55.65 - 2nd place

4 x 400 Meter Relay

Chelsea Halvorson(1:11.35), Abbey Paul(1:09.97)
Jenna Fossum(1:10.50), Sydney Kraft(1:12.30)
4:44.23 - 4th place

4 x 800 Meter Relay

Chelsea Halvorson(2:45.82), Mariya Bernhardt(2:50.97)
Hannah Christenson(2:58.18), Sydney Kraft(2:32.44)
11:07.36 - 3rd place

GIRLS TEAM SCORES

1. Rugby - 184
2. New Rockford-Sheyenne/Wells County - 134
3. Devils Lake - 115½
4. Bottineau - 107
5. Benson County - 92½
6. Dunseith - 26
7. Belcourt - 21
8. Harvey - 18
9. Rolette/Wolford - 16
10. Northern Lights - 12

SQ - State Qualifier
SR - School Record
MR - Meet Record