

# Rugby High School Track & Field Results

## DEVILS LAKE ROTARY

### Devils Lake, ND – Monday, May 11, 2009

#### 100 Meter Dash

Ashley Salwey - 12.58 - 1st place - **SQ**  
Crystal Hovland - 12.89 - 2nd place  
Rachel Allickson - 14.09  
Carly Wise - 14.33  
Ashley Leier - 14.46  
Gabby Samuda - 14.95  
Emily Voeller - 16.20

#### 200 Meter Dash

Abbey Paul - 29.40  
Rachel Allickson - 30.27  
Carly Wise - 30.53  
Jessica Jaeger - 31.05  
Josie Klein - 31.08  
Ashley Leier - 31.12

#### 400 Meter Dash

Shanaya Fred - 1:08.98  
Rachel Allickson - 1:09.62  
Cassandra Jaeger - 1:10.84  
Carly Wise - 1:11.63

#### 800 Meter Run

Sydney Kraft - 2:28.33 - 1st place  
Jenna Fossum - 2:47.10 - 8th place  
Taylor Stone - 2:48.59  
Mariya Bernhardt - 2:55.74

#### 1600 Meter Run

Sydney Kraft - 5:39.04 - 1st place  
Jenna Fossum - 6:11.94 - 5th place  
Hannah Christenson - 6:26.31 - 7th place  
Cortney Hill - 7:38.63

#### 3200 Meter Run

Hannah Christenson - 14:41.90 - 2nd place  
Joclyn Seiler - 14:52.55 - 3rd place  
Paxton Klein - 15:04.63 - 4th place

#### 100 Meter Hurdles

Ashley Salwey - 15.44 - 1st place - **SQ, SR**  
Aubrey Hovland - 17.37 - 4th place  
Crystal Hovland - 17.77 - 6th place

#### 300 Meter Hurdles

#### Shot Put

Molly Koenig - 33'7½" - 3rd place  
Kelsey Mongeon - 33'1" - 5th place  
Emily Fritel - 30'9"  
Michelle Lemar - 29'1"  
Nicole Hooker - 26'2"  
Maddie Cameron - 25'4"  
Kenzie Cameron - 25'0"  
Gabby Samuda - 24'6"  
Emily Schmaltz - 23'5"  
Emerald Collins - 20'3"

#### Discus

Kelsey Mongeon - 91'8" - 5th place  
Emily Fritel - 85'4" - 8th place  
Nicole Hooker - 80'8"  
Molly Koenig - 77'11"  
Paige Haman - 75'4"  
Maddie Cameron - 69'9"  
Michelle Lemar - 63'11"  
Kenzie Cameron - 59'0"  
Emerald Collins - 58'5"  
Emily Schmaltz - 51'11"

#### Javelin

Tessa Koenig - 90'9" - 3rd place  
Paige Haman - 88'10" - 4th place  
Kenzie Cameron - 77'10"  
Michelle Lemar - 73'8"  
Maddie Cameron - 73'7"  
Molly Koenig - 71'9"  
Cortney Hill - 62'11"

#### Long Jump

Stephanie Friestad - 15'6¾" - 2nd place  
Courtney Putnam - 15'1¼" - 4th place  
Josie Klein - 14'11¾" - 5th place  
Abbey Paul - 14'10½" - 6th place  
Katelyn Berube - 13'4½"  
Gabby Samuda - 11'8½"  
Emily Voeller - 11'1½"

#### Triple Jump

Josie Klein - 32'1½" - 1st place  
Stephanie Friestad - 32'0" - 2nd place  
Courtney Putnam - 31'10" - 3rd place  
Katelyn Berube - 29'8" - 5th place  
Emily Voeller - No Mark

#### High Jump

Aubrey Hovland - 4'9" - 3rd place tie  
Courtney Putnam - 4'3" - 6th place  
Joclyn Seiler - 4'3" - 7th place tie  
Jessica Jaeger - No Height

#### Pole Vault

Joclyn Seiler - 6'0"  
Tessa Koenig - 5'6"

#### 4 x 100 Meter Relay

Ashley Salwey(12.72), Aubrey Hovland(13.66)  
Rachel Hoffert(12.44), Crystal Hovland(13.15)  
51.96 - 2nd place - **SQ**

#### 4 x 200 Meter Relay

Ashley Salwey(26.56), Aubrey Hovland(27.82)  
Rachel Hoffert(27.18), Crystal Hovland(27.53)  
1:49.18 - 1st place - **SQ**

#### 4 x 400 Meter Relay

Abbey Paul(1:07.18), Cassandra Jaeger(1:13.54)  
Shanay Fred(1:10.06), Rachel Hoffert(1:08.28)  
4:38.87 - 4th place

#### 4 x 800 Meter Relay

Taylor Stone(2:36.91), Mariya Bernhardt(2:44.41)  
Chelsea Halvorson(2:38.28), Sydney Kraft(2:22.12)  
10:21.98 - 3rd place

#### GIRLS TEAM SCORES

1. Rugby - 195
2. Langdon - 131
3. Devils Lake - 128
4. New Rockford-Sheyenne/Wells County - 125
5. North Border - 43
6. Surrey - 40
7. Nelson County - 27
8. Belcourt - 26

**SQ - State Qualifier**  
**SR - School Record**  
**MR - Meet Record**