

# RUGBY HIGH SCHOOL

## GIRLS TRACK & FIELD LETTER & AWARD WINNERS

### 2009

#### Seniors

Katelyn Berube (3)  
Kristi Black (6)  
Nicole Hooker (3)  
Ashley Salwey (6)  
Emily Schmaltz (2)  
Joclyn Seiler (5)

#### Juniors

Mariya Bernhardt (4)  
Emerald Collins (1)  
Stephanie Friestad (5)  
Chelsea Halvorson (5)  
Paige Haman (2)  
Kelsey Mongeon (3)  
Courtney Putnam (4)  
Taylor Stone - Towner (2)

#### Sophomores

Rachel Allickson (1)  
Emily Fritel (1)  
Cortney Hill (2)  
Rachel Hoffert (3)  
Crystal Hovland (4)  
Josie Klein (2)  
Molly Koenig (1)  
Tessa Koenig (1)  
Jessica Jaeger (1)  
Michelle Lemar (1)  
Carly Wise (1)  
Lindsey Hamilton - Stat (1)  
Emily Paul - Stat (4) - 1 as stat, 3 as athlete  
Samantha Rozmarynowski - Stat (2)  
Kirstan Salwey - Stat (1)

#### Freshmen

Kenzie Cameron (1)  
Maddie Cameron (1)  
Paxton Klein (1)  
Sydney Kraft (3)  
Ashley Leier (1)  
Abbey Paul (1)  
Gabby Samuda (1)  
Emily Voeller (1)

#### 8<sup>TH</sup> Graders

Jenna Fossum (1)  
Aubrey Hovland (2)

#### 7<sup>th</sup> Graders

Hannah Christenson (1)  
Shanaya Fred (1)  
Cassandra Jaeger (1)

#### MOST VALUABLE

Ashley Salwey

#### MOST DEDICATED

Ashley Salwey

#### MOST IMPROVED

Molly Koenig

#### TEAM MOTIVATOR

Mariya Berhardt  
Chelsea Halvorson

#### TEAM CAPTAINS

Ashley Salwey  
Kristi Black

#### LEADING SCORER

Ashley Salwey – 291¼ points

#### SCHOOL RECORDS

800 Meter Run - Sydney Kraft - 2:21.6  
1600 Meter Run - Sydney Kraft - 5:17.3  
3200 Meter Run - Sydney Kraft - 11:40.6  
100 Meter Hurdles - Ashley Salwey - 14.8  
300 Meter Hurdles - Ashley Salwey - 45.3