



Wednesday, May 27, 2009

# RUGBY HIGH SCHOOL 2008 VARSITY GIRLS EVENT LEADERS CHART



## 100 METER DASH

1.	Ashley Salwey	Devils Lake Rotary	12.58 SQ
2.	Crystal Hovland	Devils Lake Rotary	12.89
3.	Rachel Allickson	Region VI	14.00
4.	Abbey Paul	WC Track Backers	14.13
5.	Carly Wise	Devils Lake Rotary	14.33
6.	Ashley Leier	Devils Lake Rotary	14.46
7.	Cassandra Jaeger	Velva Invite 1	14.68
8.	Gabby Samuda	Region VI	14.85
9.	Katelyn Berube	Hanneman Memorial	14.93
10.	Stephanie Friestad	Velva Invite 2	15.00
11.	Jessica Jaeger	Panther Booster	15.01
12.	Paige Haman	Velva Invite 2	15.84
13.	Allison Volk	Velva Invite 1	15.96
14.	Keylee Odden	Velva Invite 1	16.19
15.	Emily Voeller	Devils Lake Rotary	16.20

## 200 METER DASH

1.	Ashley Salwey	CNDC Outdoor	26.11 SQ
2.	Crystal Hovland	WC Track Backers	27.45
3.	Rachel Hoffert	WC Track Backers	28.31
4.	Abbey Paul	Devils Lake Rotary	29.40
5.	Rachel Allickson	Region VI	29.88
6.	Jessica Jaeger	CNDC Outdoor	30.45
7.	Carly Wise	Devils Lake Rotary	30.53
8.	Ashley Leier	CNDC Outdoor	30.96
9.	Josie Klein	Devils Lake Rotary	31.08
10.	Gabby Samuda	Velva Invite 1	31.31
11.	Tessa Koenig	Hanneman Memorial	31.36
12.	Allison Volk	Carrington Kiwanis	31.49
13.	Stephanie Friestad	Panther Booster	31.50
14.	Emily Voeller	WC Track Backers	32.57
15.	Paxton Klein	Panther Booster	34.18
16.	Keylee Odden	Velva Invite 1	34.34

## 400 METER DASH

1.	Ashley Salwey	Carrington Kiwanis	1:01.11 SQ
2.	Sydney Kraft	WC Track Backers	1:03.28
3.	Abbey Paul	CNDC Outdoor	1:07.45
4.	Cassandra Jaeger	Carrington Kiwanis	1:08.13
	Shanaya Fred	Region VI	1:08.13
6.	Rachel Allickson	Devils Lake Rotary	1:09.62
7.	Chelsea Halvorson	Panther Booster	1:10.07
8.	Carly Wise	Velva Invite 2	1:10.46
9.	Aubrey Hovland	Carrington Kiwanis	1:12.81
10.	Katelyn Berube	Panther Booster	1:12.99
11.	Josie Klein	Carrington Kiwanis	1:13.49
12.	Paxton Klein	Velva Invite 1	1:16.62
13.	Keylee Odden	Velva Invite 1	1:17.34
14.	Emily Voeller	Panther Booster	1:18.58

## 800 METER RUN

1.	Sydney Kraft	State Class B	*2:21.56 SQ, SR*
2.	Jenna Fossum	Panther Booster	2:42.52
3.	Kristi Black	Region VI	2:43.67
4.	Taylor Stone	Panther Booster	2:45.45
5.	Mariya Bernhardt	Panther Booster	2:52.37
6.	Paxton Klein	Carrington Kiwanis	2:57.50
7.	Josie Klein	Panther Booster	2:59.70
8.	Joclyn Seiler	Velva Invite 1	3:04.96
9.	Courtney Hill	Panther Booster	3:19.56

## 1600 METER RUN

1.	Sydney Kraft	State Class B	*5:17.23 SQ, SR*
2.	Mariya Bernhardt	WC Track Backers	6:07.14
3.	Hannah Christenson	Region VI	6:09.64
4.	Jenna Fossum	Panther Booster	6:11.27
5.	Taylor Stone	CNDC Outdoor	6:16.03
6.	Joclyn Seiler	WC Track Backers	6:38.43
7.	Paxton Klein	WC Track Backers	6:53.49
8.	Courtney Hill	CNDC Outdoor	7:11.95

## 3200 METER RUN

1.	Sydney Kraft	State Class B	*11:40.53 SQ, SR*
2.	Jenna Fossum	Velva Invite 1	13:07.71
3.	Hannah Christenson	Region VI	13:27.93
4.	Mariya Bernhardt	Hanneman Memorial	13:44.07
5.	Paxton Klein	Region VI	14:20.62
6.	Joclyn Seiler	Devils Lake Rotary	14:52.55

## 100 METER HURDLES

1.	Ashley Salwey	Region VI	14.76 SQ, MR, SR
2.	Aubrey Hovland	Region VI	17.06
3.	Crystal Hovland	Region VI	17.20

## 300 METER HURDLES

1.	Ashley Salwey	State Class B	*45.29 SQ, SR*
2.	Crystal Hovland	State Class B	*46.19 SQ*
3.	Aubrey Hovland	Region VI	51.01
4.	Mariya Bernhardt	Hanneman Memorial	58.24

## SHOT PUT

1.	Molly Koenig	Devils Lake Rotary	33'7½"
2.	Kelsey Mongeon	Devils Lake Rotary	33'1"
3.	Emily Fritel	Devils Lake Rotary	30'9"
4.	Michelle Lemar	Devils Lake Rotary	29'1"
5.	Nicole Hooker	CNDC Outdoor	26'11"
6.	Maddie Cameron	Devils Lake Rotary	25'4"
7.	Kenzie Cameron	Devils Lake Rotary	25'0"
8.	Gabby Samuda	Velva Invite 1	24'9"
9.	Emily Schmaltz	Devils Lake Rotary	23'5"
10.	Ashley Leier	Panther Booster	21'5"
11.	Emerald Collins	Velva Invite 2	20'8"

## DISCUS

1.	Kelsey Mongeon	Carrington Kiwanis	91'9"
2.	Emily Fritel	Devils Lake Rotary	85'4"
3.	Molly Koenig	Panther Booster	84'6"
4.	Nicole Hooker	Devils Lake Rotary	80'8"
5.	Paige Haman	CNDC Outdoor	77'11"
6.	Maddie Cameron	Region VI	74'0"
7.	Kenzie Cameron	Panther Booster	71'7"
8.	Michelle Lemar	WC Track Backers	65'7"
9.	Ashley Leier	Panther Booster	58'8"
10.	Emerald Collins	Devils Lake Rotary	58'5"
11.	Emily Schmaltz	Devils Lake Rotary	51'11"

## JAVELIN

1.	Tessa Koenig	Hanneman Memorial	92'5"
2.	Kristi Black	WC Track Backers	90'8"
3.	Paige Haman	Devils Lake Rotary	88'10"
4.	Molly Koenig	Carrington Kiwanis	84'10"
5.	Kenzie Cameron	Region VI	81'4"
6.	Mariya Bernhardt	Velva Invite 1	75'2"
7.	Michelle Lemar	Velva Invite 1	74'8"
8.	Maddie Cameron	Hanneman Memorial	73'8"
9.	Emily Fritel	Velva Invite 2	63'1"
10.	Courtney Hill	Devils Lake Rotary	62'11"
11.	Ashley Leier	Panther Booster	56'11"
12.	Emerald Collins	Panther Booster	38'9"

## LONG JUMP

1.	Stephanie Friestad	CNDC Outdoor	16'1½"
2.	Courtney Putnam	Region VI	15'9"
3.	Abbey Paul	WC Track Backers	15'3"
4.	Josie Klein	Region VI	15'1½"
5.	Katelyn Berube	WC Track Backers	14'5½"
6.	Emily Voeller	CNDC Outdoor	13'2"
7.	Gabby Samuda	CNDC Outdoor	13'0"
8.	Tessa Koenig	Velva Invite 2	12'7"
9.	Jessica Jaeger	Hanneman Memorial	12'4"

## TRIPLE JUMP

1.	Stephanie Friestad	CNDC Outdoor	33'11½"
2.	Josie Klein	Region VI	33'9½"
3.	Courtney Putnam	CNDC Outdoor	33'1"
4.	Katelyn Berube	WC Track Backers	30'6½"
5.	Paige Haman	CNDC Outdoor	27'10"
6.	Jessica Jaeger	Panther Booster	27'1"
7.	Emily Voeller	CNDC Outdoor	24'2"

## HIGH JUMP

1.	Aubrey Hovland	Panther Booster, Carrington Kiwanis	4'11"
2.	Courtney Putnam	CNDC Outdoor, Region VI, State Class B	4'7"
	Crystal Hovland	Panther Booster, Hanneman Memorial	4'7"
4.	Joclyn Seiler	Velva Invite 1	4'7"
5.	Jessica Jaeger	CNDC Outdoor	4'5"
	Abbey Paul	Panther Booster	4'1"
	Emily Voeller	Panther Booster, Velva Invite 1	4'1"
		Hanneman Memorial	4'1"
		Velva Invite 1	4'1"

## POLE VAULT

1.	Tessa Koenig	Velva Invite 2	6'6"
2.	Joclyn Seiler	Panther Booster, Velva Invite 1	6'0"
		Hanneman Memorial, Velva Invite 2	
		CNDC Outdoor, Devils Lake Rotary	



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## 4 x 100 METER RELAY

1.	Ashley Salwey, Aubrey Hovland Rachel Hoffert, Crystal Hovland	Devils Lake Rotary	51.96 SQ
2.	Crystal Hovland, Aubrey Hovland Rachel Hoffert, Abbey Paul	State Class B	52.94 SQ
3.	Crystal Hovland, Chelsea Halvorson Aubrey Hovland, Ashley Salwey	CNDC Outdoor	52.96
4.	Crystal Hovland, Chelsea Halvorson Aubrey Hovland, Ashley Salwey	Track Backers	53.28
5.	Crystal Hovland, Courtney Putnam Chelsea Halvorson, Ashley Salwey	Velva Invite 1	54.20
6.	Rachel Allickson, Chelsea Halvorson Rachel Hoffert, Aubrey Hovland	Region VI	54.40
7.	Crystal Hovland, Courtney Putnam Carly Wise, Ashley Salwey	Hanneman Memorial	54.89
8.	Crystal Hovland, Aubrey Hovland Carly Wise, Courtney Putnam	Velva Invite 2	55.46
9.	Rachel Allickson, Stephanie Friestad Gabby Samuda, Courtney Putnam	Panther Booster	58.24
10.	Stephanie Friestad, Gabby Samuda Ashley Leier, Allison Volk	Carrington Kiwanis	59.12

## 4 x 200 METER RELAY

1.	Ashley Salwey, Aubrey Hovland Rachel Hoffert, Crystal Hovland	State Class B	*1:48.97 SQ*
2.	Ashley Salwey, Aubrey Hovland Rachel Hoffert, Crystal Hovland	Devils Lake Rotary	1:49.18 SQ
3.	Crystal Hovland, Aubrey Hovland Abbey Paul, Ashley Salwey	Velva Invite 2	1:51.41 SQ
4.	Crystal Hovland, Aubrey Hovland Rachel Hoffert, Abbey Paul	Track Backers	1:52.88
5.	Crystal Hovland, Aubrey Hovland Chelsea Halvorson, Ashley Salwey	Velva Invite 1	1:53.34
6.	Crystal Hovland, Aubrey Hovland Chelsea Halvorson, Ashley Salwey	Hanneman Memorial	1:54.82
7.	Crystal Hovland, Aubrey Hovland Chelsea Halvorson, Ashley Salwey	Panther Booster	1:55.65
8.	Rachel Allickson, Chelsea Halvorson Rachel Hoffert, Abbey Paul	Region VI	1:56.15
9.	Rachel Allickson, Jessica Jaeger Ashley Leier, Abbey Paul	CNDC Outdoor	2:00.70
10.	Tessa Koenig, Jessica Jaeger Gabby Samuda, Ashley Leier	Carrington Kiwanis	2:06.00

## 4 x 400 METER RELAY

1.	Sydney Kraft, Rachel Hoffert Crystal Hovland, Ashley Salwey	State Class B	*4:10.09 SQ*
2.	Sydney Kraft, Abbey Paul Crystal Hovland, Ashley Salwey	CNDC Outdoor	4:14.52 SQ
3.	Rachel Hoffert, Abbey Paul Shanaya Fred, Sydney Kraft	Region VI	4:28.29
4.	Cassandra Jaeger, Shanaya Fred Sydney Kraft, Abbey Paul	Carrington Kiwanis	4:34.43
5.	Sydney Kraft, Abbey Paul Rachel Allickson, Carly Wise	Velva Invite 1	4:34.83
6.	Abbey Paul, Cassandra Jaeger Shanaya Fred, Rachel Hoffert	Devils Lake Rotary	4:38.87
7.	Sydney Kraft, Abbey Paul Shanaya Fred, Cassandra Jaeger	Velva Invite 2	4:39.34
8.	Sydney Kraft, Abbey Paul Aubrey Hovland, Carly Wise	Hanneman Memorial	4:41.39
9.	Chelsea Halvorson, Abbey Paul Jenna Fossum, Sydney Kraft	Panther Booster	4:44.23

## 4 x 800 METER RELAY

1.	Taylor Stone, Mariya Bernhardt Chelsea Halvorson, Sydney Kraft	Devils Lake Rotary	10:21.98
2.	Taylor Stone, Chelsea Halvorson Jenna Fossum, Sydney Kraft	Region VI	10:28.04 SQ
3.	Taylor Stone, Kristi Black Jenna Fossum, Chelsea Halvorson	State Class B	10:38.32
4.	Taylor Stone, Jenna Fossum Mariya Bernhardt, Sydney Kraft	CNDC Outdoor	10:42.30
5.	Taylor Stone, Kristi Black Shanaya Fred, Sydney Kraft	Track Backers	10:54.37
6.	Jenna Fossum, Mariya Bernhardt Shanaya Fred, Taylor Stone	Velva Invite 2	11:05.24
7.	Chelsea Halvorson, Mariya Bernhardt Hannah Christenson, Sydney Kraft	Panther Booster	11:07.36
8.	Mariya Bernhardt, Jenna Fossum Shanaya Fred, Sydney Kraft	Carrington Kiwanis	11:14.08
9.	Jenna Fossum, Taylor Stone Paxton Klein, Josie Klein	Hanneman Memorial	11:31.82
10.	Jenna Fossum, Mariya Bernhardt Paxton Klein, Joclyn Seiler	Velva Invite 1	11:45.93

**\* - New Season Best  
SQ - State Qualifier  
MR - Meet Record  
SR - School Record**