

NORTH DAKOTA CLASS "B" REGION VI BOYS MEET RECORDS

<u>EVENT</u>	<u>HOLDER</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100 METER DASH	Casey Meadows	Des Lacs-Burlington/Berthold.....	10.5	2004
200 METER DASH	Justin Schiele	Rugby.....	21.7	1999
400 METER DASH	Blake Bowers	Kenmare/Mohall/Sherwood.....	47.8	2006
800 METER RUN	Blake Bowers	Mohall/Sherwood	2:00.9	2004
1600 METER RUN	John Elkins.....	Riverdale	4:31.2	1988
3200 METER RUN	John Elkins.....	Riverdale	9:59.0.....	1989
110 METER HURDLES	Dave Limke.....	Minot Ryan	14.6	1998
300 METER HURDLES	Cody Gronvold	Rugby.....	38.8	2006
SHOT PUT	Seth Wisthoff.....	Glenburn	55'7"	2008
DISCUS	Seth Wisthoff.....	Glenburn	157'11"	2008
JAVELIN (Rubber Tipped-New Rules)	Reed Duchscher	Rugby.....	172'4"	2008
HIGH JUMP	Len Brabrandt	Underwood	6'6"	1993
LONG JUMP	Josh Trottier	Surrey.....	22'2"	2007
TRIPLE JUMP.....	Jason Freuh	Rugby.....	45'6¾"	1998
POLE VAULT.....	Tom Heilman	Rugby.....	15'0"	1998
400 METER RELAY	Dockter..... Limke Bryans Essler	Minot Ryan	44.0	1998
800 METER RELAY	Wittmeyer	Minot Ryan	1:31.2.....	1998
	Bryans Essler Dockter			
1600 METER RELAY	Koenig..... Wiesenburger Karlson Auck	Underwood	3:31.3	1987
3200 METER RELAY	Rodin..... Neygaard Alba Fartch	Kenmare.....	8:28.8	1988