

Rugby Boys Track and Field Records							
<b>100 Meter Dash</b>	<b>Year</b>	<b>Time</b>			<b>200 Meter Dash</b>	<b>Year</b>	<b>Time</b>
Eric Nelson	2008	10.61			Justin Schiele	1999	21.69
<b>400 Meter Dash</b>	<b>Year</b>	<b>Time</b>			<b>800 Meter Dash</b>	<b>Year</b>	<b>Time</b>
Scott Frueh	1993	49.53			Kevin Miiller	1990	1:55.91
<b>1600 Meter Run</b>	<b>Year</b>	<b>Time</b>			<b>3200 Meter Run</b>	<b>Year</b>	<b>Time</b>
Kevin Miiller	1990	4:19.46			Kevin Miiller	1990	9:22.15
<b>110 High Hurdles</b>	<b>Year</b>	<b>Time</b>			<b>300 I.M. Hurdles</b>	<b>Year</b>	<b>Time</b>
Cody Gronvold	2006	14.68			Cody Gronvold	2006	38.62
<b>High Jump</b>	<b>Year</b>	<b>Height</b>			<b>Long Jump</b>	<b>Year</b>	<b>Distance</b>
Jason Frueh	1999	6'5"			Bryant Halvorson	2008	22'6.5"
<b>Pole Vault</b>	<b>Year</b>	<b>Height</b>			<b>Discus</b>	<b>Year</b>	<b>Distance</b>
Tom Heilman	1998	15'0"			Dale Sanderson	1976	167'10"
<b>Shot Put</b>	<b>Year</b>	<b>Distance</b>			<b>Javelin</b>	<b>Year</b>	<b>Distance</b>
Shane Duchscher	2001	53'7"			Donavon Schneibel	1975	177'11"
<b>Triple Jump</b>	<b>Year</b>	<b>Distance</b>			<b>New Javelin</b>		
Jason Frueh	1998	45'6.5"			Dustin Schneibel	1995	174'0"
<b>400 Meter Relay</b>	<b>Time</b>	<b>Participants</b>					
	2008	44.42	Eric Nelson, Mike Zwingel, Kellan Schmaltz, Bryant Halvorson				
<b>800 Meter Relay</b>	<b>Time</b>	<b>Participants</b>					
	1999	1:31.50	Todd Leier, Travis Anderson, Mike Duchscher, Justin Schiele				
<b>1600 Meter Relay</b>	<b>Time</b>	<b>Participants</b>					
	1998	3:27.24	Travis Vangsness, Tom Heilman, Luke Boe, Travis Anderson				
<b>3200 Meter Relay</b>	<b>Time</b>	<b>Participants</b>					
	1988	8:05.13	Mark Myhre, Jason Fritz, Jim Johnston, Kevin Miiller				