

BOYS' TRACK & FIELD

NORTH DAKOTA STATE TRACK AND FIELD OVERALL RECORDS

School	Present Holder		Record	Year
100 Meter Dash	Weston Dressler	Bismarck	10.44	2004
200 Meter Dash	Weston Dressler	Bismarck	21.83	2004
400 Meter Dash	Blake Bowers	Kenmare/MLS/ Bowbells	48.19	2006
800 Meter Run	Brian McCulley	Fargo South	1:52.05	1996
1600 Meter Run	Rob Heen	Williston	4:12.76	1987
3200 Meter Run	Corey Ihmels	Williston	9:03.65	1992
110 Meter H	Ryan Chappell	GF Central	14.36	2005
300 Meter H	Ryan Chappell	GF Central	37.77	2004
Long Jump	Nate Keller	Valley City	24-06.00	1998
High Jump	Shawn Gabbert	Dickinson	6-10.25	1999
Triple Jump	Mike Backes	GF Red River	46-09.00	1998
Pole Vault	Chad Ohly	Minot	15-03.00	1990
Shot Put	Howard Hausauer	Bismarck	64-01.00	1987
Discus	Seth Helgeson	Bismarck	185-07.00	1999
*Javelin	Riley Dolezal	Stanley/Powers Lake	208-03.00	2004
4x100 Meter Relay	Dirk Churchill, Chris Faller, Jordan Puhalla, Brandon Solemsaas	Bismarck	42.98	2006
4x200 Meter Relay	Solemsaas			
4x400 Meter Relay	Charod Moore, Derrick Moore, Danny Carlson, Thomas Jones	Minot	1:28.60	2002
4x800 Meter Relay	Taylor Bruhschwein, Mitch Kudrna, Skyler Beaudoin, Nakoia Baker	Dickinson	3:21.81	2006
	Joe Carlson Ken Clark, Rob Buchholz, Jon Boughner	Minot	7:54.52	1981

***2002 First year to use tailwind javelin**

NORTH DAKOTA CLASS A BOYS' STATE TRACK & FIELD RECORDS

Event	Present Holder	School	Record	Year
100 Meter Dash	Weston Dressler	Bismarck	10.44	2004
200 Meter Dash	Weston Dressler	Bismarck	21.83	2004
400 Meter Dash	Derrick Moore	Minot	48.27	2001
800 Meter Run	Brian McCulley	Fargo South	1:52.02	1996
1600 Meter Run	Rob Heen	Williston	4:12.76	1987
3200 Meter Run	Corey Ihmels	Williston	9:03.65	1992
110 Meter H	Ryan Chappell	GF Central	14.36	2005
300 Meter H	Ryan Chappell	GF Central	37.77	2004
Long Jump	Nate Keller	Valley City	24-06.00	1998
High Jump	Shawn Gabbert	Dickinson	6-10.25	1999
Triple Jump	Mike Backes	GF Red River	46-09.00	1998
Pole Vault	Chad Ohly	Minot	15-03.00	1990
Shot Put	Howard Hausauer	Bismarck	64-01.00	1987
Discus	Seth Helgeson	Bismarck	185-07.00	1999
*Javelin	Paul Hoplin	GF Red River	201-10.00	2007
4x100 Meter Relay	Dirk Churchill, Chris Faller, Jordan Puhalla, Brandon Solemsaas	Bismarck	42.98	2006
4x200 Meter Relay	Charod Moore, Derrick Moore, Danny Carlson, Thomas Jones	Minot	1:28.60	2002
4x400 Meter Relay	Taylor Bruhschwein, Mitch Kudrna, Skyler Beaudoin, Nakoia Baker	Dickinson	3:21.81	2006
4x800 Meter Relay	Joe Carlson, Ken Clark, Rob Buchholz, Jon Boughner	Minot	7:54.52	1981

***2002 First year to use tailwind javelin**

NORTH DAKOTA CLASS B BOYS' STATE TRACK & FIELD RECORDS

Event	Present Holder	School	Record	Year
100 Meter Dash	Chris Wilmes	Beulah	10.98	1997
200 Meter Dash	Kent Kaylor	Burke County	21.98	1998
400 Meter Dash	Blake Bowers	Kenmare/MLS/ Bowbells	48.19	2006
800 Meter Run	Paulo Costa	Killdeer	1:54.48	1985
1600 Meter Run	Cory Wiley	Litchville-Marion/ Montpelier	4:19.41	1998
3200 Meter Run	Cory Wiley	Litchville-Marion/ Montpelier	9:27.02	1998
110 Meter H	Tanner Monroe	Killdeer	14.39	1998
300 Meter H	Jared Essler	Bishop Ryan	38.12	2000
Long Jump	Rich Goff	Grandin	23-02.50	1970
High Jump	Mark McDonald	Border Central/ Munich/Starkweather	6-09.50	1988
Triple Jump	Brady Odegaard	Kindred	46-05.00	1998
Pole Vault	Scott Carlblom	Lisbon	14-07.00	2001
Shot Put	Jim Kleinsasser	Carrington	62-02.00	1995
Discus	Seth Wisthoff	Glenburn	184-00.00	2008
*Javelin	Riley Dolezal	Stanley/Powers Lake	208-03.00	2004
4x100 Meter Relay	Greg Batke, Seth Hoff, Riley Parker, Matt Schramm	Hazen	43.79	1999
4x200 Meter Relay	Keith Wanner, Jon Ewoniuk, Glenden Wanner, Shawn Schumacher	Dickinson Trinity	1:30.46	1993
4x400 Meter Relay	Justin Whittmayer, Dave Limke, Luke Schaefer, Jared Essler	Bishop Ryan	3:26.00	1998
4x800 Meter Relay	Brady Brown Otter, Chris Gates, A.J. White Bull, Sam Ell	Standing Rock	8:05.76	1991

***2002 First year to use tailwind javelin**