

**Rugby High School Track & Field Results**  
**WELLS COUNTY INVITATIONAL**  
**Fessenden, ND – Saturday, May 12, 2007**

100 Meter Dash

200 Meter Dash

400 Meter Dash

800 Meter Run

1600 Meter Run

3200 Meter Run

100 Meter Hurdles

300 Meter Hurdles

Shot Put

Discus

Javelin

Long Jump

Miriah Koenig - 15' 7" - 3rd place  
Stephanie Friestad - 15'5" - 4th place

Triple Jump

Stephanie Friestad - 30'11" - 6th place

High Jump

Pole Vault

400 Meter Relay

800 Meter Relay

1600 Meter Relay

3200 Meter Relay

**GIRLS TEAM SCORES**

1. Harvey - 117
2. Wells County - 101
3. Des Lacs-Burlington - 84
4. Rolette/Wolford - 79
5. Lewis & Clark - 71
6. New Rockford/Sheyenne - 68
7. Surrey - 57
8. Tappen - 43
9. Garrison/Max - 35
10. Sheridan County/Anamoose - 34
11. Rugby - 14

**SQ - State Qualifier**  
**SR - School Record**  
**MR - Meet Record**