

Rugby High School Track & Field Results

RUGBY CHARLIE HANNEMAN MEMORIAL

Rugby, ND – Tuesday, May 1, 2007

100 Meter Dash

Miriah Koenig - 13.51
 Kelsea Volk - 13.54
 Morgan Gronvold - 13.92
 Courtney Jorgenson - 14.05
 Vanessa Friestad - 14.07
 Katelyn Berube - 14.36
 Courtney Putnam - 14.49
 Stephanie Friestad - 14.76

200 Meter Dash

Emily Paul - 27.07 - 5th place
 Kelsea Volk - 27.83 - 7th place
 Miriah Koenig - 28.87
 Courtney Jorgenson - 30.03
 Katelyn Berube - 30.87
 Stephanie Friestad - 31.58

400 Meter Dash

Kirsten Welk - 1:00.96 - 3rd place - **SQ**
 Miriah Koenig - 1:07.00
 Katelyn Berube - 1:11.09

800 Meter Run

Chelsea Halvorson - 2:38.33
 Mariya Bernhardt - 2:41.88
 Brittany Fritel - 2:54.33

1600 Meter Run

Chelsea Halvorson - 5:47.83 - 4th place
 Danielle Wangler - 5:51.16 - 5th place
 Kristi Black - 6:21.09

3200 Meter Run

Danielle Wangler - 13:08.84 - 5th place

100 Meter Hurdles

Ashley Salwey - 16.28 - 3rd place - **SQ**
 Crystal Hovland - 17.83
 Emily Paul - 19.64
 Courtney Jorgenson - 19.78

300 Meter Hurdles

Emily Paul - 52.47
 Crystal Hovland - 53.19
 Courtney Jorgenson - 57.14

Shot Put

Leah Wentz - 36'11½" - 1st place - **SQ**
 Kelsey Mongeon - 25'¾"
 Nicole Hooker - 23'3"
 Amanda Longie - 20'0"
 Kaycee Grochow - No Mark

Discus

Leah Wentz - 115'0" - 2nd place - **SQ**
 Kelsey Mongeon - 72'9"
 Amanda Longie - 68'0"
 Nicole Hooker - 53'4"

Javelin

Leah Wentz - 97'1" - 5th place
 Kristi Black - 94'2" - 8th place
 Kaycee Grochow - 83'2"
 Joclyn Seiler - 73'5"

Long Jump

Vanessa Friestad - 16'6" - 3rd place - **SQ**
 Stephanie Friestad - 15'3½" - 8th place
 Casandra Blessum - 14'8"
 Courtney Putnam - 14'8"
 Katelyn Berube - 12'9"

Triple Jump

Vanessa Friestad - 34'6½" - 3rd place - **SQ**
 Courtney Putnam - 32'6" - 8th place
 Stephanie Friestad - 31'6"
 Joclyn Seiler - 28'1¼"

High Jump

Vanessa Friestad - 4'7" - 6th place
 Casandra Blessum - 4'5" - 7th place tie
 Courtney Putnam - 4'1"
 Joclyn Seiler - 4'1"

Pole Vault

Kristi Black - 6'6" - 8th place
 Brittany Fritel - 6'0"

400 Meter Relay

Kelsea Volk(13.37), Morgan Gronvold(13.21)
 Miriah Koenig(12.56), Casandra Blessum(13.12)
 52.21 – 1st place - **SQ, MR**

800 Meter Relay

Emily Paul(28.19), Morgan Gronvold(27.73)
 Ashley Salwey(27.12), Kirsten Welk(26.55)
 1:49.52 - 1st place - **SQ, MR**

1600 Meter Relay

Morgan Gronvold(1:04.82), Casandra Blessum(1:03.66)
 Ashley Salwey(1:01.35), Kirsten Welk(1:00.65)
 4:10.45 – 1st place - **SQ, MR**

3200 Meter Relay

Cortney Hill(2:52.82), Brittany Fritel(2:57.45)
 Joclyn Seiler(2:53.58), Mariya Bernhardt(2:43.38)
 11:27.46 - 7th place

TEAM SCORES		
1.	Rugby	105½
2.	Benson County	96
3.	Minot Bishop Ryan	95
4.	Langdon	91½
5.	Rolette/Wolford	55
6.	Devils Lake	48
7.	Harvey	43
8.	Park River/FLAEE	42½
9.	Velva/Drake	37
10.	Wells County	20½
11.	New Rockford/Sheyenne	20
12.	Des Lacs-Burlington	18
13.	Surrey	15
14.	Lewis & Clark	13
15.	New Town	12
16.	Bottineau	8
17.	Westhope/Newburg	5
18.	Turtle Mountain Community	5
19.	Sheridan County/Anamoose	4
20.	Northern Lights	3
21.	Glenburn	2
22.	Kenmare/MLS/Bowbells	1
23.	Towner/Granville/Upham	1

SQ - State Qualifier
SR - School Record
MR - Meet Record