

CNDC Junior High and High School Track & Field Meet
05/08/07

Schedule of Field Events – Starting at 3:00

Shot Put	JH B – VAR B – VAR G – JH G
Javelin	VAR B – VAR G
High Jump	JH G – JH B – VAR B – VAR G
Discus	VAR G – JH G – JH B – VAR B
Pole Vault	VAR B – VAR G – JH B – JH G
Long/Triple Jump (South pit)	VAR G – VAR B
Long/Triple Jump (North pit)	JH G – JH B

3 JUMPS/THROWS AND FINALS – ONLY VARSITY DIVISION

Schedule of Running Events – Starting at 3:45

300 Meter Hurdles	VAR G – VAR B
3200 Meter Relay	VAR G – VAR B
100 Meter Dash	JH G – JH B – VAR G – VAR B
800 Meter Relay	JH G – JH B – VAR G – VAR B
1600 Meter Run	JH G – JH B – VAR G – VAR B
400 Meter Relay	JH G – JH B – VAR G – VAR B
400 Meter Dash	JH G – JH B – VAR G – VAR B
100 Meter Hurdles	JH G – VAR G
110 Meter Hurdles	JH B – VAR B
800 Meter Run	JH G – JH B – VAR G – VAR B
200 Meter Dash	JH G – JH B – VAR G – VAR B
3200 Meter Run	VAR G – VAR B
1600 Meter Relay	JH G – JH B – VAR G – VAR B