

Rugby High School Track & Field Results
STATE CLASS "B"
Bismarck, ND – Friday & Saturday, May 26 & 27, 2006

100 Meter Dash

200 Meter Dash

400 Meter Dash

Ashley Salwey - 1:04.43 - Prelims

800 Meter Run

1600 Meter Run

Kirsten Welk - 5:55.33

3200 Meter Run

Kirsten Welk - 13:01.04

100 Meter Hurdles

300 Meter Hurdles

Ashley Salwey - 48.66 - Prelims
 46.83 - Finals - 5th place

Shot Put

Leah Wentz - 38'9" - 6th place
 Amanda Heilman - 36'1"

Discus

Leah Wentz - 116'0"

Javelin

Long Jump

Vanessa Friestad - 17'6" - 4th place

Triple Jump

Vanessa Friestad - 34'10" - 7th place

High Jump

Vanessa Friestad - 4'11"

Pole Vault

400 Meter Relay

Kelsea Volk(12.85), Casandra Blessum(12.41)
 Morgan Gronvold(13.11), Crystal Hovland(13.00)
 51.37 - Prelims

Kelsea Volk(13.11), Casandra Blessum(12.22)
 Morgan Gronvold(13.77), Crystal Hovland(13.28)
 51.38 - Finals - 5th place

800 Meter Relay

Kelsea Volk(31.30), Casandra Blessum(25.86)
 Morgan Gronvold(27.87), Ashley Salwey(27.56)
 1:52.59 - Prelims

1600 Meter Relay

Morgan Gronvold(1:01.99), Kirsten Welk(1:03.49)
 Crystal Hovland(1:05.27), Ashley Salwey(1:01.70)
 4:12.45 - 6th place

3200 Meter Relay

Kelsey McAtee(2:34.27), Danielle Wangler(2:44.25)
 Chelsea Halvorson(2:43.11), Kirsten Welk(2:44.60)
 10:46.23

TEAM SCORES		
1.	Bottineau	99½
2.	Benson County	69
3.	Watford City	47
4.	Carrington	45
5.	Lisbon	44
6.	Dickinson Trinity	40½
7.	Hazen	32
8.	Maple Valley/Enderlin	31
9.	Milnor/Wyndmere/Lidgerwood	30
10.	Griggs County Central/Finley-Sharon	26
11.	Bowman	24
	Richardton-Taylor	24
13.	New Town	23
14.	Rugby	21
15.	Velva/Sawyer/Drake	20
16.	Minot Bishop Ryan	17
17.	Hillsboro/Central Valley	16
18.	Oakes	13
19.	New Salem	12
	Park River	12
21.	Scranton	11
22.	Langdon/Munich/Adams-Edmore	10½
23.	Ellendale	10
24.	Fargo Oak Grove	7
25.	North Border	6
	Hazelton/Moffit-Braddock	6
	Hope-Page	6
	Rolette/Wolford	6
29.	Drayton/St. Thomas/Valley	5
30.	Kindred	4½
	Richland	4½
32.	Mott-Regent	4
	Minto/Midway	4
	Harvey	4
35.	Northern Cass	3
36.	Killdeer	2
37.	Kenmare/Mohall-Lansford-Sherwood	1
38.	Tappen	½

SQ - State Qualifier
SR - School Record
MR - Meet Record