

Rugby High School Track & Field Results
RUGBY BOOSTER CLUB INVITATIONAL
Rugby, ND – Thursday, April 20, 2006

100 Meter Dash

Marah Schiele - 14.66
Marne Johnson - 14.78
Nicole Fritel - 14.80
Brittany Fritel - 14.84
Stephanie Friestad - 14.88

200 Meter Dash

Kelsea Volk - 28.38 - 4th place
Courtney Jorgenson - 29.09 - 7th place
Brittany Fritel - 29.63
Marah Schiele - 30.37
Marne Johnson - 30.88

400 Meter Dash

Crystal Hovland - 1:05.86 - 5th place

800 Meter Run

Mariya Bernhardt - 2:46.30 - 6th place
Joclyn Seiler - 2:51.74
Emily Paul - 2:54.17

1600 Meter Run

Kirsten Welk - 5:49.84 - 2nd place
Kelsey McAtee - 6:18.15 - 8th place

3200 Meter Run

Danielle Wangler - 13:23.67 - 2nd place
Nicole Hager - 15:39.84 - 4th place

100 Meter Hurdles

Kali Erickson - 18.29 - 5th place
Courtney Jorgenson - 19.05 - 7th place
Mariya Bernhardt - 21.46
Emily Paul - 21.70

300 Meter Hurdles

Ashley Salwey - 48.49 - 1st place - **SQ**
Kali Erickson - 53.78 - 3rd place
Courtney Jorgenson - 54.06 - 4th place

Shot Put

Leah Wentz - 41'3" - 1st place - **SQ, SR**
Amanda Heilman - 35'4" - 4th place
Kaycee Grochow - No Mark

Discus

Leah Wentz - 117'3" - 1st place - **SQ**
Amanda Heilman - 100'2" - 4th place

Javelin

Leah Wentz - 96'5" - 4th place
Amanda Heilman - 69'0"

Long Jump

Vanessa Friestad - 17'4½" - 1st place - **SQ**
Stephanie Friestad - 15'10" - 4th place
Nicole Fritel - 14'6" - 8th place
Casandra Blessum - 14'0"
Kali Erickson - 13'9½"
Markelle Schmaltz - 13'9¼"

Triple Jump

Stephanie Friestad - 33'1" - 3rd place
Casandra Blessum - 29'8" - 8th place
Joclyn Seiler - 29'1"
Nicole Fritel - 28'6"
Markelle Schmaltz - 27'3½"

High Jump

Markelle Schmaltz - 4'5" - 4th place
Casandra Blessum - 4'3" - 5th place
Courtney Putnam - 4'1" - 7th place
Joclyn Seiler - 4'1" - 8th place
Kristin Migler - No Height

Pole Vault

400 Meter Relay

Kelsea Volk(), Casandra Blessum()
Marah Schiele(), Courtney Jorgenson()
Disqualified - Out of Zone between 3rd and 4th runners

800 Meter Relay

Kelsea Volk(27.78), Ashley Salwey(27.99)
Morgan Gronvold(27.86), Crystal Hovland(27.99)
1:51.62 - 1st place

1600 Meter Relay

Crystal Hovland(1:06.71), Kirsten Welk(1:04.57)
Chelsea Halvorson(1:08.68), Ashley Salwey(1:02.68)
4:22.90 - 2nd place

3200 Meter Relay

Kelsey McAtee(2:42.52), Chelsea Halvorson(2:49.98)
Danielle Wangler(2:40.46), Kirsten Welk(2:31.43)
10:44.48 - 3rd place

GIRLS TEAM SCORES

1. Rugby - 158
2. Benson County - 126
3. Langdon - 110
4. Harvey - 70
5. Devils Lake - 64
6. Rolette/Wolford - 59
7. Wells County - 37
8. Belcourt - 33
9. Sheridan County - 19
10. New Rockford/Sheyenne - 15
11. Northern Lights - 10
12. Anamoose - 6
13. Dunseith - 3
14. Towner/Granville/Upham - 3

SQ - State Qualifier
SR - School Record
MR - Meet Record