

RUGBY HIGH SCHOOL

GIRLS TRACK & FIELD LETTER & AWARD WINNERS

2006

Seniors

Nicole Hager (3)
Amanda Heilman (4)
Kristen Laib - Stat (2)
Kelsey McAtee (6)
Marah Schiele (3)

Juniors

Alyssa Bednarz - Stat (2)
Nicole Fritel (3)
Kaycee Grochow (3)
Morgan Gronvold (5)
Markelle Schmaltz (1)
Courtney Weiss - Stat (1)

Sophomores

Casandra Blessum (2)
Kali Erickson (2)
Vanessa Friestad (4)
Tara Kuntz - Stat (1)
Kelsea Volk (2)
Danielle Wangler (4)
Kirsten Welk (3)
Leah Wentz (4)

Freshmen

Kristi Black (3)
Marne Johnson (1)
Miriah Koenig (2)
Ashley Salwey (3)
Joclyn Seiler (2)

8TH Graders

Mariya Bernhardt (1)
Stephanie Friestad (2)
Chelsea Halvorson (2)
Nicole Jorgenson (1)
Courtney Putnam (1)

7th Graders

Brittany Fritel (1)
Crystal Hovland (1)
Emily Paul (1)

MOST VALUABLE

Ashley Salwey

MOST DEDICATED

Morgan Gronvold

MOST IMPROVED

Casandra Blessum

TEAM MOTIVATOR

Morgan Gronvold, Kelsey McAtee

TEAM CAPTAINS

Marah Schiele
Kelsey McAtee

LEADING SCORER

Leah Wentz – 257 points

SCHOOL RECORDS

Shot Put - Leah Wentz - 41'3"

Discus - Leah Wentz - 122'0"

300 Meter Hurdles - Ashley Salwey - 45.43

3200 Meter Run - Kirsten Welk - 12:07.44