

Rugby High School Track & Field Results
HAZEN SAKAKAWEA COUNTRY CLASSIC
Hazen, ND – Saturday, April 29, 2006

100 Meter Dash

Casandra Blessum - 13.43 - 2nd place
Morgan Gronvold - 13.60 - 3rd place
Kelsea Volk - 13.70 - 6th place
Marne Johnson - 14.27

200 Meter Dash

Morgan Gronvold - 28.23 - 3rd place
Ashley Salwey - 28.28 - 4th place
Kelsea Volk - 28.86 - 5th place
Crystal Hovland - 29.14 - 7th place
Kali Erickson - 30.78

400 Meter Dash

Ashley Salwey - 1:01.89 - 2nd place

800 Meter Run

Kelsey McAtee - 2:41.35 - 1st place
Joclyn Seiler - 2:54.59 - 3rd place

1600 Meter Run

Danielle Wangler -6:01.90 - 4th place
Chelsea Halvorson - 6:03.56 - 5th place

3200 Meter Run

Kirsten Welk - 12:35.59 - 1st place

100 Meter Hurdles

Kali Erickson - 18.23 - 7th place
Ashley Salwey - 18.64
Courtney Jorgenson - 18.64

300 Meter Hurdles

Courtney Jorgenson - 52.77 - 6th place
Kali Erickson - 54.99 - 7th place

Shot Put

Leah Wentz - 38'8" - 1st place - **SQ**
Amanda Heilman - 34'9½" - 3rd place
Kaycee Grochow - 25'7"

Discus

Leah Wentz - 117'7" - 1st place - **SQ**
Amanda - 97'2" - 5th place

Javelin

Kaycee Grochow - 81'0"
Kristi Black - 79'0"

Long Jump

Vanessa Friestad - 16'9" - **SQ**
Stephanie Friestad - 14'4"
Markelle Schmaltz - 13'0"
Casandra Blessum - 12'11"

Triple Jump

Stephanie Friestad - 31'3¾" - 7th place
Markelle Schmaltz - 26'9"
Casandra Blessum - 26'6"
Joclyn Seiler - 25'11"

High Jump

Casandra Blessum - 4'5" - 8th place
Markelle Schmaltz - 4'3"
Joclyn Seiler - No Height

Pole Vault

400 Meter Relay

Kelsea Volk(13.38), Morgan Gronvold(12.78)
Courtney Jorgenson(12.98), Crystal Hovland(13.62)
52.80 - 1st place - **SQ**

800 Meter Relay

Kelsea Volk(29.05), Ashley Salwey(26.94)
Morgan Gronvold(28.23), Crystal Hovland(28.46)
1:52.82 - 2nd place

1600 Meter Relay

Crystal Hovland(1:06.27), Chelsea Halvorson(1:11.79)
Kali Erickson(1:13.34), Courtney Jorgenson(1:11.95)
4:43.45 - 3rd place

3200 Meter Relay

Danielle Wangler(2:33.75), Kelsey McAtee(2:41.30)
Kirsten Welk(2:28.60), Chelsea Halvorson(2:39.85)
10:23.12 - 1st place

GIRLS TEAM SCORES

1. Rugby - 161
2. Hazen - 147
3. New Salem - 80
4. Dickinson Trinity - 66
5. Beulah - 59
6. Washburn/Wilton - 47
7. Bottineau - 45
8. Richardton-Taylor - 31
9. Mott-Regent - 12
9. Underwood/Turtle Lake-Mercer - 12
11. Flasher - 10
12. Garrison-Max - 5

SQ - State Qualifier
SR - School Record
MR - Meet Record