



Tuesday, May 30, 2006

RUGBY HIGH SCHOOL 2006 VARSITY GIRLS EVENT LEADERS CHART



100 METER DASH

1.	Kelsea Volk	CNDC Outdoor	13.17
2.	Morgan Gronvold	CNDC Outdoor	13.26
3.	Cassandra Blessum	Region VI	13.27
4.	Crystal Hovland	Carrington Kiwanis	13.43
5.	Courtney Jorgenson	Lloyd Memorial	13.45
	Emily Paul	Hazen Last Chance	13.45
7.	Miriah Koenig	Hazen Last Chance	13.66
8.	Marne Johnson	CNDC Outdoor	13.83
9.	Marah Schiele	Bottineau Inv.	13.94
10.	Kali Erickson	Lloyd Memorial	14.24
11.	Nicole Fritel	Lloyd Memorial	14.50
12.	Brittany Fritel	Rugby Booster	14.84
13.	Stephanie Friestad	Rugby Booster	14.88
14.			
15.			

200 METER DASH

1.	Ashley Salwey	CNDC Outdoor	26.50 SQ
2.	Morgan Gronvold	Hazen Last Chance	26.99
3.	Kelsea Volk	Hazen Last Chance	27.45
4.	Courtney Jorgenson	Hazen Last Chance	27.48
5.	Cassandra Blessum	Charlie Hanneman	28.08
6.	Emily Paul	Hazen Last Chance	28.61
7.	Crystal Hovland	Hazen Last Chance	28.72
8.	Brittany Fritel	Hazen Last Chance	28.80
9.	Miriah Koenig	Hazen Last Chance	29.23
10.	Kali Erickson	Hazen Last Chance	29.28
11.	Marah Schiele	CNDC Outdoor	29.76
12.	Marne Johnson	Lloyd Memorial	30.06
13.	Nicole Fritel	Bottineau Inv.	32.12
14.			
15.			

400 METER DASH

1.	Ashley Salwey	CNDC Outdoor	1:01.50 SQ
2.	Morgan Gronvold	CNDC Outdoor	1:03.64
3.	Crystal Hovland	Hazen Last Chance	1:04.77
4.	Chelsea Halvorson	Hazen Last Chance	1:05.58
5.	Brittany Fritel	Hazen Last Chance	1:07.21
6.	Marne Johnson	Velva Inv.	1:09.96
7.	Emily Paul	Hazen Last Chance	1:10.46
8.			

800 METER RUN

1.	Kirsten Welk	CNDC Outdoor	2:29.71
2.	Kelsey McAtee	Hazen Last Chance	2:39.95
3.	Chelsea Halvorson	Northwood Lions	2:41.87
4.	Danielle Wangler	Harvey Inv.	2:43.46
5.	Brittany Fritel	Region VI	2:43.55
6.	Mariya Bernhardt	Rugby Booster	2:46.30
7.	Joclyn Seiler	Northwood Lions	2:51.52
8.	Emily Paul	Rugby Booster	2:54.17

1600 METER RUN

1.	Kirsten Welk	CNDC Outdoor	5:40.48
		Region VI	5:40.55 SQ
2.	Chelsea Halvorson	Northwood Lions	5:50.64
3.	Danielle Wangler	Hazen Last Chance	5:56.94
4.	Kelsey McAtee	Hazen Last Chance	6:03.80
5.	Mariya Bernhardt	Bottineau Inv.	6:25.76
6.	Nicole Hager	DL Gerrells	6:58.05
7.	Joclyn Seiler	Charlie Hanneman	6:58.20

3200 METER RUN

1.	Kirsten Welk	Hazen Last Chance	12:07.44 SQ SR
2.	Danielle Wangler	CNDC Outdoor	12:53.78
3.	Chelsea Halvorson	Hazen Last Chance	13:03.43
4.	Kelsey McAtee	Northwood Lions	13:14.76
5.	Mariya Bernhardt	Region VI	13:39.55
6.	Joclyn Seiler	Hazen Last Chance	15:24.37
7.	Nicole Hager	Lloyd Memorial	15:26.96

100 METER HURDLES

1.	Courtney Jorgenson	Hazen Last Chance	16.89
2.	Ashley Salwey	Lloyd Memorial	17.38
3.	Kali Erickson	Hazen Last Chance	17.53
4.	Emily Paul	Northwood Lions	20.86
5.	Mariya Bernhardt	Rugby Booster	21.46

300 METER HURDLES

1.	Ashley Salwey	CNDC Outdoor	45.43 SQ SR
2.	Courtney Jorgenson	Region VI	50.84
3.	Kali Erickson	Region VI	52.16
4.	Emily Paul	Lloyd Memorial	54.25
5.			

SHOT PUT

1.	Leah Wentz	Rugby Booster	41'3" SQ SR
2.	Amanda Heilman	State Class "B"	36'1"
3.	Kaycee Grochow	Region VI	30'3½"
4.	Amanda Blay	Bottineau Inv.	27'0"
5.			
6.			

DISCUS

1.	Leah Wentz	Region VI	122'0" SQ SR
2.	Amanda Heilman	Lloyd Memorial	111'4"
3.	Amanda Blay	DL Gerrells	68'8"
4.			
5.			
6.			

JAVELIN

1.	Leah Wentz	Hazen Last Chance	109'3"
2.	Kristi Black	Northwood Lions	99'1"
3.	Amanda Heilman	Northwood Lions	96'11"
4.	Vanessa Friestad	Charlie Hanneman	87'4"
5.	Kaycee Grochow	Region VI	86'0"
6.	Amanda Blay	DL Gerrells	79'8"

LONG JUMP

1.	Vanessa Friestad	State Class "B"	17'6"
2.	Stephanie Friestad	Charlie Hanneman	16'4½"
3.	Courtney Putnam	Hazen Last Chance	15'2½"
4.	Markelle Schmaltz	Northwood Lions	14'11"
5.	Nicole Fritel	Hazen Last Chance	14'6¾"
6.	Cassandra Blessum	DL Gerrells	14'1"
7.	Kali Erickson	Rugby Booster	13'9½"
8.	Marah Schiele	Bottineau Inv.	12'7"
9.			

HIGH JUMP

1.	Vanessa Friestad	Hazen Last Chance	5'2" SQ
2.	Cassandra Blessum	Carrington Kiwanis, Northwood Lions Hazen Last Chance, Region VI	4'7"
3.	Markelle Schmaltz	Bottineau Inv., Rugby Booster, Carrington Kiwanis, Northwood Lions, Region VI	4'5"
	Courtney Putnam	Northwood Lions	4'5"
5.	Nicole Jorgenson	Region VI	4'3"
6.	Joclyn Seiler	Bottineau Inv., Hazen Last Chance	4'1"

TRIPLE JUMP

1.	Vanessa Friestad	Hazen Last Chance	35'3" SQ
2.	Stephanie Friestad	Rugby Booster	33'1"
3.	Courtney Putnam	Region VI	32'½"
4.	Cassandra Blessum	DL Gerrells	30'10¼"
5.	Joclyn Seiler	DL Gerrells	29'4¾"
6.	Nicole Fritel	Hazen Last Chance	29'0"
7.	Markelle Schmaltz	DL Gerrells	28'9"

POLE VAULT

1.	Brittany Fritel	Northwood Lions	6'6"
2.	Emily Paul	Lloyd Memorial, Region VI	6'0"

* - New Season Best
SQ - State Qualifier
MR - Meet Record
SR - School Record



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400 METER RELAY

1.	Kelsea Volk, Casandra Blessum Courtney Jorgenson, Morgan Gronvold	Hazen Last Chance	51.14 SQ
2.	Kelsea Volk, Casandra Blessum Morgan Gronvold, Crystal Hovland	State Class "B"	51.37 Prelims 51.38 Finals
3.	Kelsea Volk, Casandra Blessum Courtney Jorgenson, Morgan Gronvold	Northwood Lions	52.62 SQ
4.	Kelsea Volk, Courtney Jorgenson Marah Schiele, Casandra Blessum	Velva Inv.	52.67 SQ
5.	Kelsea Volk, Morgan Gronvold Courtney Jorgenson, Crystal Hovland	Hazen Classic	52.80 SQ
6.	Kelsea Volk, Casandra Blessum Marah Schiele, Courtney Jorgenson	Region VI	52.92 SQ
7.	Kelsea Volk, Casandra Blessum Marah Schiele, Crystal Hovland	Carrington Kiwanis	53.37
8.	Morgan Gronvold, Casandra Blessum Courtney Jorgenson, Crystal Hovland	Charlie Hanneman	53.38
9.	Kelsea Volk, Courtney Jorgenson Marah Schiele, Kali Erickson	CNDC Outdoor	53.58
10.	Kelsea Volk, Morgan Gronvold Marah Schiele, Crystal Hovland	Lloyd Memorial	53.62
11.	Kali Erickson, Courtney Jorgenson Casandra Blessum, Kelsea Volk	Bottineau Inv.	55.19
12.	Kelsea Volk, Ashley Salwey Kali Erickson, Courtney Jorgenson	DL Gerrells	55.44
13.	Kali Erickson, Kelsea Volk Marah Schiele, Brittany Fritel	Harvey Inv.	57.45

1600 METER RELAY

1.	Morgan Gronvold, Kirsten Welk Crystal Hovland, Ashley Salwey	State Class "B"	4:12.45
2.	Morgan Gronvold, Kirsten Welk Crystal Hovland, Ashley Salwey	Region VI	4:12.74 SQ
3.	Morgan Gronvold, Kirsten Welk Casandra Blessum, Ashley Salwey	Hazen Last Chance	4:13.66 SQ
4.	Morgan Gronvold, Kirsten Welk Crystal Hovland, Ashley Salwey	Lloyd Memorial	4:14.34 SQ
5.	Morgan Gronvold, Kirsten Welk Chelsea Halvorson, Ashley Salwey	CNDC Outdoor	4:17.04
6.	Morgan Gronvold, Kirsten Welk Chelsea Halvorson, Ashley Salwey	Carrington Kiwanis	4:17.79
7.	Morgan Gronvold, Crystal Hovland Kirsten Welk, Ashley Salwey	Northwood Lions	4:18.67
8.	Crystal Hovland, Kirsten Welk Chelsea Halvorson, Ashley Salwey	Rugby Booster	4:22.90
9.	Crystal Hovland, Kirsten Welk Morgan Gronvold, Ashley Salwey	Charlie Hanneman	4:25.73
10.	Crystal Hovland, Danielle Wangler Brittany Fritel, Kirsten Welk	DL Gerrells	4:40.93
11.	Ashley Salwey, Courtney Jorgenson Emily Paul, Danielle Wangler	Harvey Inv.	4:42.41
12.	Crystal Hovland, Chelsea Halvorson Kali Erickson, Courtney Jorgenson	Hazen Classic	4:43.45

800 METER RELAY

1.	Kelsea Volk, Casandra Blessum Morgan Gronvold, Ashley Salwey	Hazen Last Chance	1:47.78 SQ
2.	Kelsea Volk, Casandra Blessum Morgan Gronvold, Ashley Salwey	Velva Inv.	1:49.39 SQ
3.	Kelsea Volk, Casandra Blessum Morgan Gronvold, Ashley Salwey	Northwood Lions	1:49.96 SQ
4.	Kelsea Volk, Ashley Salwey Morgan Gronvold, Crystal Hovland	Rugby Booster	1:51.62
5.	Kelsea Volk, Ashley Salwey Morgan Gronvold, Crystal Hovland	Lloyd Memorial	1:51.74
6.	Kelsea Volk, Ashley Salwey Morgan Gronvold, Crystal Hovland	Carrington Kiwanis	1:52.21
7.	Kelsea Volk, Casandra Blessum Kali Erickson, Courtney Jorgenson	CNDC Outdoor	1:52.45
8.	Kelsea Volk, Casandra Blessum Morgan Gronvold, Ashley Salwey	State Class "B"	1:52.59
9.	Kelsea Volk, Ashley Salwey Morgan Gronvold, Crystal Hovland	Hazen Classic	1:52.82
10.	Kelsea Volk, Ashley Salwey Morgan Gronvold, Crystal Hovland	Charlie Hanneman	1:53.00
11.	Kelsea Volk, Casandra Blessum Emily Paul, Courtney Jorgenson	Region VI	1:53.45 SQ
12.	Kelsea Volk, Ashley Salwey Casandra Blessum, Courtney Jorgenson	DL Gerrells	1:56.71
13.	Courtney Jorgenson, Casandra Blessum Kirsten Welk, Crystal Hovland	Harvey Inv.	1:57.09
14.	Ashley Salwey, Courtney Jorgenson Kelsea Volk, Crystal Hovland	Bottineau Inv.	1:57.77

3200 METER RELAY

1.	Kelsey McAtee, Danielle Wangler Chelsea Halvorson, Kirsten Welk	CNDC Outdoor	10:14.58 SQ
2.	Danielle Wangler, Kelsey McAtee Kirsten Welk, Chelsea Halvorson	Hazen Classic	10:23.12
3.	Danielle Wangler, Kelsey McAtee Chelsea Halvorson, Kirsten Welk	Velva Inv.	10:25.21
4.	Kelsey McAtee, Danielle Wangler Chelsea Halvorson, Kirsten Welk	Carrington Kiwanis	10:35.59
5.	Crystal Hovland, Kelsey McAtee Kirsten Welk, Danielle Wangler	DL Gerrells	10:38.95
6.	Brittany Fritel, Emily Paul Crystal Hovland, Mariya Bernhardt	Northwood Lions	10:43.73
7.	Kelsey McAtee, Chelsea Halvorson Danielle Wangler, Kirsten Welk	Rugby Booster	10:44.48
8.	Kelsey McAtee, Emily Paul Mariya Bernhardt, Brittany Fritel	Region VI	10:44.83 SQ
9.	Kelsey McAtee, Danielle Wangler Chelsea Halvorson, Kirsten Welk	State Class "B"	10:46.23
10.	Kelsey McAtee, Danielle Wangler Mariya Bernhardt, Kirsten Welk	Lloyd Memorial	10:47.46
11.	Danielle Wangler, Kelsey McAtee Kirsten Welk, Chelsea Halvorson	Charlie Hanneman	10:49.26
12.	Crystal Hovland, Kelsey McAtee Kirsten Welk, Danielle Wangler	Bottineau Inv.	10:52.75
13.	Mariya Bernhardt, Nicole Hager Emily Paul, Joclyn Seiler	Harvey Inv.	12:23.68

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