

Carrington Kiwanis High School Track Meet

April 22, 2006

Girls Division

GIRLS TEAM SCORES

1. Rugby 188
2. Carrington 185
3. Griggs County 168
4. Hazen 126
5. NRS 10
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 13.
- 15.
- 16.
- 17.
- 18.
- 19.

GIRLS 100 METER DASH

1. Rachel Smith Cgtn 13.37
2. Crystal Hovland Rugby 13.43
3. Molly Hanwell Hazen 13.65
4. Kelsea Volk Rugby 13.69
5. Allison Opp Hazen 13.70
6. Whitney Ashland GCC 14.07
7. Casidie Anderson Hazen 14.14
8. Nicole Schwarz Hazen 14.15

GIRLS 200 METER DASH

1. Whitney Carlson Cgtn 25:75 SQ
2. Molly Hanwell Hazen 28:13
3. Jessica Johnson Cgtn 28:19
4. Allison Opp Hazen 28:48
5. Kelsea Volk Rugby 29:25
6. Crystal Hovland Rugby 29:36
7. Kali Erickson Rugby 29:87
8. Chelsey Benson NRS 30:19

GIRLS 400 METER DASH

1. Ashley Salwey Rugby 1:03:90
2. Katie Hanson GCC 1:07:27
3. Rachel Smith Cgtn 1:08:38
4. Ashley Hette Cgtn 1:10:51
5. Hailey VenHuizen GCC 1:10:65
6. Makensie Brown GCC 1:10:90
7. Taryn Schatz Crgtn 1:11:33
8. Marne Johnson Rugby 1:11:90

GIRLS 800 METER RUN

1. Katie Ingebretson Cgtn 2:34:37
2. Monica Borlaug Hazen 2:38:91
3. Kaia Lunde GCC 2:39:69
4. Kelsey McAtee Rugby 2:46:30
5. Danielle Wangler Rugby 2:51:31
6. Paige Johnson GCC 2:51:61
7. Jessica Lunde GCC 2:55:68
8. Joclyn Seiler Rugby 2:58:19

GIRLS 1600 METER RUN

1. Kristen Neumiller Cgtn 5:52:43
2. Kirsten Welk Rugby 5:52:53
3. Danielle Wangler Rugby 6:03:00
4. Frances Everson GCC 6:07:20
5. Emily Duncan GCC 6:11:34
6. Erin Lunde GCC 6:34:71
- 7.
- 8.

GIRLS 3200 METER RUN

1. Kristen Neumiller Cgtn 12:40:96
2. Nikki Neumiller Cgtn 12:56:18
3. Alicia Patton GCC 14:42:27
4. Nicole Hager Rugby 15:49:54
- 5.
- 6.
- 7.
- 8.

GIRLS 100 METER HURDLES

1. Whitney Carlson Cgtn 14:53 SQ
2. Allison Opp Hazen 16:38 SQ
3. Jessica Johnson Cgtn 17:40
4. Kayla Scheid Hazen 17:42
5. Sara Opp Cgtn 17:75
6. Katie Klein Cgtn 18:26
7. Kristine Swart 18:29
8. Kali Erickson 18:31

GIRLS 300 METER HURDLES

1. Whitney Carlson Cgtn 44.06 SQ
2. Ashley Salwey Rugby 48.31 SQ
3. Jessica Johnson Cgtn 50.19
4. Kayla Scheid Hazen 51.36
5. Katie Klein Cgtn 52.81
6. Chelsey Benson NRS 53.11
7. Samantha Everson GCC 53.2
8. Sara Opp Cgtn 53.56

GIRLS 4 X 100 METER RELAY

1. Rugby 53:37
2. Cgtn 54:31
3. Hazen 54:41
4. GCC 55:32
- 5.
- 6.
- 7.
- 8.

GIRLS 4 X 200 METER RELAY

1. Rugby 1:52:21
2. Hazen 1:54:07
3. GCC 1:56:00
4. Cgtn 2:01:36
- 5.
- 6.
- 7.
- 8.

GIRLS 4 X 400 METER RELAY

1. Hazen 4:16:00 SQ
2. Rugby 4:17:79
3. GCC 4:18:65
4. Cgtn 4:38:61
- 5.
- 6.
- 7.
- 8.

GIRLS 4 X 800 METER RELAY

1. GCC 10:23:36
2. Rugby 10:35:59
3. Cgtn 11:06:40
- 4.
- 5.
- 6.
- 7.
- 8.

GIRLS LONG JUMP

1. Whitney Carlson Cgtn 17'6" SQ
2. Vanessa Friestad Rugby 16'2 3/4"
3. Carissa Nelson GCC 15'1 1/2"
4. Steph Friestad Rugby 14'10 1/4"
5. Nicole Schwarz Hazen 14'3 3/4"
6. Megan Dietz Hazen 14'1 1/2"
7. Nicole Fritel Rugby 13'6"
8. Sam Everson GCC 13'3/4"

GIRLS TRIPLE JUMP

1. Vanessa Friestad Rugby 34'10"
2. Rachel Smith Cgtn 31'8 1/2"
3. Stephanie Friestad Rugby 31'1 1/2"
4. Taylor Palmer GCC 30'11"
5. Beth Jochim GCC 30'7"
6. Casandra Blessum Rugby 30'6"
7. Sam Everson GCC 30'0"
8. Joclyn Seiler Rugby 28'0"

GIRLS HIGH JUMP

1. Amber Carlson GCC 4'9"
2. Cassandra Blessum Rugby 4'7"
3. Alyssa Liois NRS 4'7"
4. Kaitlyn Meyhoff Hazen 4'5"
5. Markelle Schmaltz Rugby 4'5"
6. Carissa Nelson GCC 4'5"
7. Whitney Zink Cgtn 4'5"
8. Sara Opp Cgtn 4'3"

GIRLS POLE VAULT

1. Brittney Reinsour Cgtn 8'0"
2. Cassidy Anderson Hazen 7'6"
3. Sam Ziegler Hazen 7'0"
4. Brittni Carr Cgtn 6'0"
5. Erin Lunde GCC 5'6"
- 6.
- 7.
- 8.

GIRLS DISCUS

1. Katie Gruman GCC 124.8 SQ
2. Leah Wentz Rugby 116.4 SQ
3. Emily Eslinger GCC 115.7 SQ
4. Allison Christian Hazen 107.8
5. Amanda Neilman Rugby 105.8
6. Rachel Johnson Hazen 93.2
7. Vanessa Renken Cgtn 88.6
8. Lacey Johnson GCC 87.9

GIRLS JAVELIN

1. Katie Gruman GCC 111'2"
2. Kaitlin Meyhoff Hazen 102'9"
3. Kristi Black Rugby 94'9"
4. Lacey Johnson GCC 94'2"
5. Leigh Kaspari Hazen 91'11"
6. Leah Wentz Rugby 89'8"
7. Rachel Johnson Hazen 86'7"
8. Mercedes Rawley GCC 70'5"

GIRLS SHOT PUT

1. Emily Eslinger GCC 40'9" SQ
2. Leah Wentz Rugby 38'0" SQ
3. Katie Gruman GCC 35'1"
4. Amanda Heilman Rugby 33'4"
5. Amanda Dick GCC 32'9"
6. Kali Hook GCC 32'0"
7. Alison Christian Hazen 31'7"
8. Meredith Wathre GCC 29'0"