

Rugby High School Track & Field Results
BOTTINEAU INVITATIONAL
Bottineau, ND – Thursday, April 13, 2006

100 Meter Dash

Kelsea Volk - 13.77
Marah Schiele - 13.94
Nicole Fritel - 14.66
Stephanie Friestad - 15.06
Brittany Fritel - 15.15
Marne Johnson - 15.19

200 Meter Dash

Marah Schiele - 31.37
Marne Johnson - 31.76
Nicole Fritel - 32.12

400 Meter Dash

800 Meter Run

Kirsten Welk - 2:39.43 - 4th place
Danielle Wangler - 2:49.00
Kelsey McAtee - 2:51.00
Mariya Bernhardt - 2:56.00
Joclyn Seiler - 2:59.00

1600 Meter Run

Kirsten Welk - 6:03.14 - 4th place
Danielle Wangler - 6:08.?? - 6th place
Kelsey McAtee - 6:23.44
Mariya Bernhardt - 6:25.76
Nicole Hager - 7:05.57

3200 Meter Run

Nicole Hager - 15:42.00

100 Meter Hurdles

Ashley Salwey - 19.37
Courtney Jorgenson - 19.80

300 Meter Hurdles

Ashley Salwey - 51.23 - 1st place
Courtney Jorgenson - 55.61
Kali Erickson - 56.59

Shot Put

Leah Wentz - 40'2" - 2nd place - **SQ, SR**
Amanda Heilman - 34'3" - 6th place
Kaycee Grochow - 27'9"
Amanda Blay - 27'0"

Discus

Leah Wentz - 119'0" - 5th place - **SQ**
Amanda Heilman - 104'8"
Amanda Blay - 66'0"

Javelin

Amanda Heilman - 95'1" - 5th place
Amanda Blay - 66'0"

Long Jump

Vanessa Friestad - 16'11" - 1st place - **SQ**
Stephanie Friestad - 15'3" - 4th place
Nicole Fritel - 13'3"
Casandra Blessum - 13'0"
Markelle Schmaltz - 12'11¾"
Kali Erickson - 12'10"
Marah Schiele - 12'7"

Triple Jump

Stephanie Friestad - 31'9" - 6th place
Casandra Blessum - 29'5"
Joclyn Seiler - 27'5"
Nicole Fritel - 27'3"
Markelle Schmaltz - No Mark

High Jump

Vanessa Friestad - 5'1" - 1st place - **SQ**
Casandra Blessum - 4'5"
Markelle Schmaltz - 4'5"
Joclyn Seiler - 4'1"

Pole Vault

400 Meter Relay

Kali Erickson(14.47), Courtney Jorgenson(15.07)
Casandra Blessum(12.79), Kelsea Volk(12.89)
55.19 – 5th place

800 Meter Relay

Ashley Salwey(29.79), Courtney Jorgenson(28.88)
Kelsea Volk(30.13), Crystal Hovland(28.97)
1:57.77 - 5th place

1600 Meter Relay

3200 Meter Relay

Crystal Hovland(2:46.58), Kelsey McAtee(2:46.18)
Kirsten Welk(2:33.29), Danielle Wangler(2:46.69)
10:52.75 - 2nd place

GIRLS TEAM SCORES

1. Bottineau - 111
2. Rugby - 86
2. Minot Ryan - 86
4. Velve/Sawyer/Drake - 81½
5. Kenmare/Mohall-Lansford-Sherwood - 64
6. Rolette - 48
7. Benson County - 43
8. Des Lacs-Burlington - 38
9. Harvey - 36
10. Surrey - 27
11. Washburn/Wilton - 21½
12. Belcourt - 15
13. Westhope/Newburg - 9
14. Northern Lights - 7
15. Lewis and Clark - 5

SQ - State Qualifier
SR - School Record
MR - Meet Record