

Top 10 All-Time Results in Rugby							
100 Meter Dash			Year	Time	200 Meter Dash		
1	Eric Bachmeier	1991	10.66	1	Justin Schiele	1999	21.69
2	Bruce Gronvold	1979	10.80	2	Scott Frueh	1993	22.08
3	Jusitn Schiele	1999	10.85	3	Eric Bachmeier	1991	22.17
4	Daniel Mosser	2004	10.86	4	Bruce Gronvold	1980	22.19
5	Scott Frueh	1993	10.91	5	Travis Anderson	1998	22.25
	Tom Heilman	1998	10.91	6	Cody Gronvold	2005	22.42
	Kelepie Rakabikabi	2003	10.91	7	Scott Hauck	1997	22.52
8	Brian Herman	1987	11.00	8	Curt Halvorson	1968	22.70
	Duane Massine	1970	11.00	9	Kelepie Rakabikabi	2003	22.72
	Steve Hendrickson	1969	11.00	10	Tom Heilman	1998	22.77
	John Hilzendager	1969	11.00				
	Chuck McGuire	1961	11.00				
400 Meter Dash			Year	Time	800 Meter Dash		
1	Scott Frueh	1993	49.53	1	Kevin Miiller	1990	1:55.91
2	Cody Gronvold	2006	50.50	2	Jason Fritz	1988	1:59.27
3	Travis Anderson	1998	50.59	3	Scott Frueh	1992	2:00.98
4	Eric Bachmeier	1991	50.80	4	D. M. Anderson	1979	2:01.10
5	Bruce Gronvold	1979	51.00	5	Jim Johnston	1989	2:02.20
6	Josh Anderson	2000	51.17	6	Scott Brandt	1995	2:02.24
7	Jeff Sperry	1970	51.50	7	Dexter Voeller	1993	2:02.65
8	Dexter Voeller	1994	51.74	8	Pat Hoffart	1989	2:03.80
9	Kevin Miiller	1989	51.84	9	Kevin Wurgler	1976	2:04.10
10	Luke Boe	1998	51.89	10	Justin Thomas	1995	2:04.25
1600 Meter Run			Year	Time	3200 Meter Run		
1	Kevin Miiller	1990	4:19.46	1	Kevin Miiller	1990	9:22.15
2	Jason Fritz	1988	4:19.58	2	Jason Fritz	1988	9:28.06
3	Scott Brandt	1994	4:30.69	3	Jim Johnston	1988	9:57.55
4	Jim Johnston	1989	4:34.75	4	Scott Brandt	1995	10:03.38
5	Brent Hoffert	1992	4:34.99	5	Dylan Yoder	2006	10:18.1
6	Dylan Yoder	2006	4:38.97	6	Rob Halvorson	1982	10:25.0
7	Rob Halvorson	1982	4:39.1	7	Brent Hoffert	1992	10:28.9
8	Carlan Kraft	1963	4:44.8	8	Geoff Childress	2003	10:51.50
9	Duane Broe	2003	4:45.07	9	Kevin Wurgler	1975	10:51.7
10	Keith Broe	1971	4:46.7	10	Josh Knutson	1999	10:56.00
110 High Hurdles			Year	Time	300 I.M. Hurdles		
1	Cody Gronvold	2006	14.68	1	Cody Gronvold	2006	38.62
2	D.J. Anderson	1978	14.80	2	Tom Heilman	1998	40.24
3	Curt Jaeger	1986	15.05	3	D.J. Anderson	1978	40.50
4	Jeff Volk	1981	15.12	4	Kirk Kreklau	1994	41.06
5	Paul Presthus	1962	15.35		Curt Jaeger	1986	41.06
6	Gary Axtman	1982	15.53	6	Brandon Cameron	2001	41.48
7	Kirk Kreklau	1993	15.58	7	Lyle Kraft	1980	41.50
8	Mike Muffenbier	1988	15.61	8	Cody Goetz	2005	41.82
9	Steve Leier	1975	15.70	9	Jeff Volk	1981	42.14
	Lyle Kraft	1980	15.70	10	Gary Axtman	1982	42.22

400 Meter Relay		Time	Participants				
1	1996	44.89	Jon Corpus, Jason Blomster, Tom Heilman, Scott Hauck				
2	1980	44.90	Lyle Kraft, Lance Kraft, Mitch Anderson, Bruce Gronvold				
3	2002	45.19	Mike Stanley, Rich Danielson, Austin Schmaltz, Mike Schiff				
4	1970	45.20	Duane Massine, Jeff Sperry, John Parkman, Val Eylands				
5	1992	45.22	Jan Corpus, Kirk Kreklau, Scott Hagel, Eric Bachmeier				
6	1998	45.28	Eric Zwingel, Justin Schiele, Josh Anderson, Justin Frueh				
7	1999	45.30	Mike Duchscher, Travis Anderson, Todd Leier, Justin Schiele				
8	1997	45.36	Todd Leier, Travis Anderson, Tom Heilman, Scott Hauck				
9	2003	45.46	Aaron Hallof, Eric Stevenson, Josh Halvorson, Kelepi Rakabikabi				
10	2006	45.54	Mike Schmaltz, Jacoby Leer, Cody Gronvold, Reed Duchscher				
800 Meter Relay		Time	Participants				
1	1999	1:31.50	Todd Leier, Travis Anderson, Mike Duchscher, Justin Schiele				
2	1998	1:31.98	Tom Heilman, Justin Schiele, Luke Boe, Travis Anderson				
3	1969	1:32.1	John Hilzendager, Duane Massine, Jeff Sperry, Steve Hendrickson				
4	1996	1:32.46	Tom Heilman, Jason Blomster, Travis Anderson, Scott Hauck				
5	1980	1:32.7	Lyle Kraft, D. J. Anderson, Lance Kraft, Bruce Gronvold				
7	1997	1:33.09	Tom Heilman, Travis Anderson, Luke Boe, Scott Hauck				
6	2002	1:33.11	Brandon Cameron, Aaron Hallof, Rich Danielson, Mike Schiff				
8	1991	1:33.3	Eric Baumann, Scott Frueh, Scott Hagel, Eric Bachmeier				
9	1978	1:33.5	Tom Stenson, Glen Mack, D. J. Anderson, Bruce Gronvold				
10	1992	1:33.55	Scott Frueh, Wendel Eback, Dexter Voeller, Eric Bachmeier				
1600 Meter Relay		Time	Participants				
1	1998	3:27.24	Travis Vangsness, Tom Heilman, Luke Boe, Travis Anderson				
2	1992	3:28.37	Brent Hoffert, Dexter Voeller, Scott Frueh, Eric Bachmeier				
3	2006	3:30.78	Mike Schmaltz, Jacoby Leer, Reed Duchscher, Cody Gronvold				
4	1989	3:31.36	Nathan Hendrickson, Pat Hoffart, Chad Arthur, Kevin Miiller				
5	2000	3:32.26	Mike Schiff, Jesse Fritz, Mike Duchscher, Josh Anderson				
6	1993	3:32.28	Chad Nelson, Scott Brandt, Dexter Voeller, Scott Frueh				
7	1996	3:33.03	Jeff Murtaugh, Shawn Keller, Scott Hauck, Travis Anderson				
8	1968	3:33.3	Steve Hendrickson, George Gilmore, Larry Sawaya, John Hilzendager				
9	1988	3:33.6	Mike Muffenbier, Jason Fritz, Pat Hoffart, Kevin Miiller				
10	1980	3:33.8	Bruce Gronvold, Lyle Kraft, Roger Ley, Mitch Anderson				
3200 Meter Relay		Time	Participants				
1	1988	8:05.13	Mark Myhre, Jason Fritz, Jim Johnston, Kevin Miiller				
2	1989	8:08.58	Mark Myhre, Pat Hoffart, Jim Johnston, Kevin Miiller				
3	1987	8:23.02	Mark Myhre, Jason Fritz, Jim Johnston, Kevin Miiller				
4	1995	8:27.79	Jeff Murtaugh, Dustin Kirchofner, Justin Thomas, Scott Brandt				
5	1994	8:28.31	Jeff Murtaugh, Dustin Kirchofner, Scott Brandt, Dexter Voeller				
6	1992	8:29.28	Chad Nelson, Scott Brandt, Scott Frueh, Brent Hoffert				
7	1980	8:29.80	Rob Hovland, Terry Heintz, Mike Presnell, Roger Ley				
8	1978	8:36.60	Blaine Beste, Gary Kraft, Roger Ley, Steve Tank				
9	1986	8:36.80	Mark Myhre, Jason Fritz, Jim Johnston, Kevin Miiller				
10	1985	8:40.10	Steve Wurgler, Layle Chabot, Jason Fritz, Leo Black				