

**NORTH DAKOTA CLASS "B" REGION VI  
BOYS MEET RECORDS**

| <u>EVENT</u>                           | <u>HOLDER</u>          | <u>SCHOOL</u>                     | <u>RECORD</u> | <u>YEAR</u> |
|--|------------------------|-----------------------------------|---------------|-------------|
| 100 METER DASH .....                   | Casey Meadows .....    | Des Lacs-Burlington/Berthold..... | 10.46 .....   | 2004        |
| 200 METER DASH .....                   | Justin Schiele .....   | Rugby.....                        | 21.69 .....   | 1999        |
| 400 METER DASH .....                   | Jared Essler .....     | Minot Ryan .....                  | 48.98 .....   | 1999        |
| 800 METER RUN .....                    | Blake Bowers .....     | Mohall/Sherwood .....             | 2:00.84 ..... | 2004        |
| 1600 METER RUN .....                   | John Elkins.....       | Riverdale .....                   | 4:31.17 ..... | 1988        |
| 3200 METER RUN .....                   | John Elkins.....       | Riverdale .....                   | 9:58.92 ..... | 1989        |
| 110 METER HURDLES .....                | Dave Limke.....        | Minot Ryan .....                  | 14.51 .....   | 1998        |
| 300 METER HURDLES .....                | Jared Essler .....     | Minot Ryan .....                  | 39.14 .....   | 2000        |
| SHOT PUT .....                         | Chad Brown .....       | Des Lacs-Burlington/Berthold..... | 53'2" .....   | 1995        |
|  | David Schneibel .....  | Rugby .....                       |               | 1991        |
| DISCUS .....                           | Shane Duchscher.....   | Rugby.....                        | 153'2" .....  | 2001        |
| JAVELIN (Rubber Tipped-New Rules)..... | John Tuchscherer ..... | Rugby.....                        | 160'4" .....  | 2004        |
| HIGH JUMP .....                        | Len Brabrandt .....    | Underwood .....                   | 6'6" .....    | 1993        |
| LONG JUMP .....                        | Joshua Schultz.....    | Upham .....                       | 21'7½" .....  | 1994        |
| TRIPLE JUMP.....                       | Jason Freuh .....      | Rugby.....                        | 45'6¾" .....  | 1998        |
| POLE VAULT .....                       | Tom Heilman .....      | Rugby.....                        | 15'0" .....   | 1998        |
| 400 METER RELAY .....                  | Dockter.....           | Minot Ryan .....                  | 43.94 .....   | 1998        |
|  | Limke                  |                                   |               |             |
|  | Bryans                 |                                   |               |             |
|  | Essler                 |                                   |               |             |
| 800 METER RELAY .....                  | Wittmeyer .....        | Minot Ryan .....                  | 1:31.20 ..... | 1998        |
|  | Bryans                 |                                   |               |             |
|  | Essler                 |                                   |               |             |
|  | Dockter                |                                   |               |             |
| 1600 METER RELAY .....                 | Koenig.....            | Underwood .....                   | 3:31.27 ..... | 1987        |
|  | Wiesenburger           |                                   |               |             |
|  | Karlson                |                                   |               |             |
|  | Auck                   |                                   |               |             |
| 3200 METER RELAY .....                 | Rodin.....             | Kenmare.....                      | 8:28.74 ..... | 1988        |
|  | Neygaard               |                                   |               |             |
|  | Alba                   |                                   |               |             |
|  | Fartch                 |                                   |               |             |