

Rugby High School Girls Track & Field Results

VELVA INVITATIONAL

Velva, ND – Saturday, May 7, 2005

100 Meter Dash

Mariah Koenig – 14.12
Kelsea Volk – 14.22
Casandra Blessum – 14.47
Chelsea Halvorson – 14.52
Marah Schiele – 14.58
Nicole Fritel – 14.83

200 Meter Dash

Kelsea Volk – 29.34
Mariah Koenig – 29.53
Casandra Blessum – 30.03
Nicole Fritel – 31.54
Marah Schiele – 32.01

400 Meter Dash

Sarah Skipper – 1:01.14 – 1st place – **SQ**
Ashley Salwey – 1:02.80 – 4th place
Chelsea Halvorson – 1:04.67 – 7th place
Mariah Koenig – 1:10.00

800 Meter Run

Joclyn Seiler – 2:51.98

1600 Meter Run

Kirsten Welk – 5:44.42 – 1st place
Kelsey McAtee – 5:45.01 – 3rd place
Danielle Wangler – 5:59.10 – 8th place
Nicole Hager – 6:43.58

3200 Meter Run

Kirsten Welk – 12:50.13 – 1st place
Danielle Wangler – 13:41.25 – 3rd place
Nicole Hager – 14:45.16 – 4th place

100 Meter Hurdles

300 Meter Hurdles

Ashley Salwey – 48.46 – 1st place – **SQ**
Kristi Black – 55.02

Shot Put

Leah Wentz – 36'0" – 1st place – **SQ**
Amanda Blay – 27'0"
Kaycee Grochow – 25'5"
Allison Brossart – 25'4"

Discus

Leah Wentz – 94'11" – 7th place
Amanda Blay – 82'6"
Allison Brossart – 74'6"
Kaycee Grochow – 62'0"

Javelin

Jana Gronvold – 105'10" – 5th place
Kristi Black – 87'3"
Amanda Blay – 76'9"
Allison Brossart – 69'8"
Jena Suchor – 62'9"

Long Jump

Nicole Fritel – 13'5½" – 5th place
Courtney Weiss – 11'7"
Casandra Blessum – 11'5"
Marah Schiele – 9'9½"

Triple Jump

Joclyn Seiler – 27'3"

High Jump

Sarah Skipper – 5'1" – 1st place – **SQ**
Leah Lehman – 4'9" – 4th place
Joclyn Seiler – 4'3" – 8th place
Casandra Blessum – No Height

Pole Vault

Jana Gronvold – 9'0" – 1st place – **SQ**
Kristi Black – 6'6" – 3rd place
Chelsea Halvorson – No Height

400 Meter Relay

Courtney Jorgenson(13.24), Jessica Tuchscherer(13.10)
Morgan Gronvold(12.98), Shannon Swanson(12.96)
52.44 – 2nd place – **SQ**

800 Meter Relay

Sarah Skipper(27.79), Courtney Jorgenson(27.37)
Morgan Gronvold(28.20), Shannon Swanson(26.15)
1:49.63 – 3rd place – **SQ**

1600 Meter Relay

Chelsea Halvorson(1:04.11), Sarah Skipper(1:03.88)
Morgan Gronvold(1:03.19), Ashley Salwey(1:04.71)
4:16.00 – 1st place – **SQ**

3200 Meter Relay

TEAM SCORES

1. Rugby – 143
2. Velva/Sawyer/Drake – 110
3. Des Lacs-Burlington/Berthold – 88
4. Minot Bishop Ryan - 73½
5. Wells County – 62
6. Surrey – 56
7. Harvey – 53
8. Divide County – 34
9. Parshall/North Shore - 26½
10. Glenburn – 15
11. Stanley/Powers Lake – 14
12. Anamoose – 8
12. Northern Lights – 8
14. Towner/Granville/Upham - 4

SQ – State Qualifying
MR – Meet Record
SR – School Record