

Rugby High School Girls Track & Field Results

LLOYD MEMORIAL INVITATIONAL

Fessenden, ND – Thursday, May 5, 2005

100 Meter Dash

Morgan Gronvold – 13.35 – 2nd place
Courtney Jorgenson – 13.56 – 3rd place
Kelsea Volk – 14.04

200 Meter Dash

Sarah Skipper – 26.34 – 1st place – **SQ**
Morgan Gronvold – 27.37 – 3rd place
Courtney Jorgenson – 27.98 – 5th place
Ashley Salwey – 28.09 – 6th place
Kali Erickson – 29.46
Casandra Blessum – 29.62
Marah Schiele – 30.81
Nicole Fritel – 31.52

400 Meter Dash

Morgan Gronvold – 1:03.42 – 1st place

800 Meter Run

Danielle Wangler – 2:46.12 – 8th place

1600 Meter Run

Kirsten Welk – 5:47.55 – 2nd place

3200 Meter Run

Kelsey McAtee – 13:22.15 – 1st place

100 Meter Hurdles

Sarah Skipper – 17.65 – 1st place
Kali Erickson – 18.18 – 2nd place

300 Meter Hurdles

Sarah Skipper – 48.49 – 1st place

Shot Put

Leah Wentz – 35'6½" – 1st place – **SQ**
Amanda Heilman – 31'10" – 5th place
Kaycee Grochow – 27'8"
Allison Brossart – 25'6"

Discus

Leah Wentz – 104'3" – 2nd place
Amanda Heilman – 83'8"
Allison Brossart – 63'4"
Tara Kuntz – 62'0"
Kaycee Grochow – 57'4"

Javelin

Jana Gronvold – 102'8" – 3rd place
Leah Wentz – 85'9"
Amanda Heilman – 80'8"
Jena Suchor – 72'9"
Allison Brossart – 57'9"

Long Jump

Vanessa Friestad – 17'4" – 1st place – **SQ, MR**
Nicole Fritel – 13'11"
Kali Erickson – 13'4½"
Casandra Blessum – 13'3"
Courtney Weiss – 12'11"
Marah Schiele – 12'0"
Tara Kuntz – 11'5"

Triple Jump

Vanessa Friestad – 34'3" – 2nd place – **SQ**

High Jump

Vanessa Friestad – 4'11" – 1st place
Sarah Skipper – 4'9" – 2nd place
Leah Lehman – 4'9" – 3rd place
Casandra Blessum – No Height

Pole Vault

Jana Gronvold – 8'6" – 1st place – **MR**

400 Meter Relay

Nicole Fritel(14.58), Marah Schiele(13.84)
Tara Kuntz(14.37), Courtney Weiss(13.55)
56.64 – 5th place

800 Meter Relay

Kelsea Volk(30.43), Kali Erickson(28.25)
Casandra Blessum(28.94), Courtney Jorgenson(27.65)
1:55.49 – 3rd place

1600 Meter Relay

3200 Meter Relay

Ashley Salwey(2:36.23), Danielle Wangler(2:43.20)
Kirsten Welk(2:37.67), Kelsey McAtee(2:35.06)
10:32.18 – 1st place

TEAM SCORES

1. Rugby – 192
2. Harvey – 92
3. New Salem – 77
4. Washburn/Wilton – 76
5. Wells County – 64
6. Underwood/Turtle Lake-Mercer – 54
7. Steele/Dawson/Wing/Tuttle – 50
8. Tappen – 24
9. Medina – 22
9. New Rockford/Sheyenne - 22

SQ – State Qualifying
MR – Meet Record
SR – School Record