



Sunday, May 29, 2005

RUGBY HIGH SCHOOL 2005 VARSITY GIRLS EVENT LEADERS CHART



100 METER DASH

1.	Valerie Moller	Mandan Kiwanis	12.92
2.	Jessica Tuchscherer	CNDC Outdoor	13.11
3.	Morgan Gronvold	CNDC Outdoor	13.32
4.	Mariah Koenig	DL Rotary	13.41
4.	Jessica Friestad	DL Early Bird	13.43
6.	Courtney Jorgenson	CNDC Outdoor	13.43
7.	Kelsea Volk	DL Rotary	13.44
8.	Sarah Skipper	DL Rotary	13.54
9.	Tara Kuntz	CNDC Outdoor	14.18
10.	Casandra Blessum	DL Gerrells	14.23
11.	Chelsea Halvorson	Velva Inv.	14.52
12.	Marah Schiele	Region VI	14.32
13.	Courtney Weiss	Mandan Kiwanis	14.62
14.	Nicole Fritel	DL Rotary	14.64
15.	Kali Erickson	Mandan Kiwanis	14.79
16.	Stephanie Friestad	DL Gerrells	14.80

200 METER DASH

1.	Sarah Skipper	Lloyd Memorial	26.34 SQ
2.	Morgan Gronvold	Region VI	26.67 SQ
3.	Shannon Swanson	Region VI	26.97
4.	Valerie Moller	DL Gerrells	27.01
5.	Courtney Jorgenson	Region VI	27.73
6.	Ashley Salwey	Lloyd Memorial	28.09
7.	Chelsea Halvorson	DL Early Bird	29.12
8.	Mariah Koenig	Mandan Kiwanis	29.16
9.	Kelsea Volk	Rugby CHM	29.17
10.	Kali Erickson	Lloyd Memorial	29.46
11.	Casandra Blessum	Lloyd Memorial	29.62
12.	Courtney Weiss	DL Rotary	30.77
13.	Nicole Fritel	DL Rotary	30.79
14.	Marah Schiele	Lloyd Memorial	30.81
15.	Stephanie Friestad	DL Early Bird	32.84

400 METER DASH

1.	Sarah Skipper	State Class B	*1:01.05 SQ
2.	Ashley Salwey	Velva Inv.	1:02.80
3.	Valerie Moller	DL Rotary	1:03.11
4.	Morgan Gronvold	Lloyd Memorial	1:03.42
5.	Chelsea Halvorson	DL Gerrells	1:04.61
6.	Casandra Blessum	DL Rotary	1:08.17
7.	Mariah Koenig	Mandan Kiwanis	1:08.53
8.	Kelsea Volk	DL Gerrells	1:09.79
9.	Courtney Weiss	Harvey Inv.	1:15.43
10.	Nicole Fritel	Harvey Inv.	1:18.93

800 METER RUN

1.	Chelsea Halvorson	Region VI	2:30.50
2.	Kelsey McAtee	Rugby CHM	2:32.25
3.	Kristi Black	Rugby Lions	2:39.09
4.	Ashley Salwey	Rugby CHM	2:42.14
5.	Kirsten Welk	Harvey Inv.	2:43.18
6.	Danielle Wangler	Lloyd Memorial	2:46.12
7.	Joclyn Seiler	Velva Inv.	2:51.98
8.	Jena Suchor	DL Rotary	3:17.17
9.	Mariya Bernhardt	DL Rotary	3:19.20

1600 METER RUN

1.	Chelsea Halvorson	Region VI	5:38.59 SQ
2.	Kelsey McAtee	DL Rotary	5:40.28
3.	Kirsten Welk	Region VI	5:41.70
4.	Danielle Wangler	Velva Inv.	5:59.10
5.	Nicole Hager	CNDC Outdoor	6:41.50
6.	Jena Suchor	Region VI	7:12.65

3200 METER RUN

1.	Kirsten Welk	Rugby CHM	12:35.93
2.	Kelsey McAtee	Lloyd Memorial	13:22.15
3.	Danielle Wangler	Rugby CHM	13:25.26
4.	Nicole Hager	Mandan Kiwanis	14:22.86

100 METER HURDLES

1.	Sarah Skipper	DL Rotary	16.97
2.	Kali Erickson	Region VI	17.18
3.	Ashley Salwey	Rugby Lions	17.80
3.	Courtney Jorgenson	Region VI	18.30
5.	Kristi Black	DL Early Bird	19.55

300 METER HURDLES

1.	Ashley Salwey	Rugby CHM	48.24 SQ
2.	Sarah Skipper	Lloyd Memorial	48.49 SQ
3.	Kali Erickson	Region VI	53.38
4.	Kristi Black	DL Gerrells	53.72
5.	Courtney Jorgenson	Rugby CHM	54.11

SHOT PUT

1.	Leah Wentz	Region VI	39'11½" SQ SR
2.	Amanda Heilman	Region VI	33'11½"
3.	Kaycee Grochow	Rugby CHM	29'0"
4.	Amanda Blay	Velva Inv.	27'0"
5.	Jana Gronvold	Harvey Inv.	25'10"
6.	Allison Brossart	DL Gerrells	25'9"

DISCUS

1.	Leah Wentz	Rugby CHM	109'1"
2.	Amanda Heilman	Region VI	89'7"
3.	Amanda Blay	Velva Inv.	82'6"
4.	Allison Brossart	Velva Inv.	74'6"
5.	Kaycee Grochow	DL Gerrells	68'2"
6.	Tara Kuntz	Region VI	64'4"

JAVELIN

1.	Jana Gronvold	Region VI	106'4"
2.	Kristi Black	DL Early Bird	99'9"
3.	Leah Wentz	DL Gerrells	96'1"
4.	Amanda Heilman	Region VI	88'4"
5.	Amanda Blay	Mandan Kiwanis	82'0"
6.	Jena Suchor	Lloyd Memorial	72'9"
7.	Allison Brossart	Velva Inv.	69'8"
8.	Tara Kuntz	DL Rotary	69'7"

LONG JUMP

1.	Vanessa Friestad	State Class B	*17'11¼" SQ SR
2.	Jessica Friestad	DL Early Bird	17'6¼" SQ
3.	Stephanie Friestad	Rugby Lions	14'11"
4.	Casandra Blessum	Region VI	14'8"
5.	Nicole Fritel	Rugby CHM, DL Rotary	14'7¼"
6.	Kali Erickson	DL Rotary	14'4"
7.	Leah Lehman	Mandan Kiwanis	13'6"
8.	Courtney Weiss	Lloyd Memorial	12'11"
9.	Tara Kuntz	Rugby CHM	12'7½"
10.	Marah Schiele	Lloyd Memorial	12'0"

HIGH JUMP

1.	Vanessa Friestad	DL Gerrells, Region VI	5'1" SQ
1.	Sarah Skipper	Velva Inv.	5'1" SQ
3.	Leah Lehman	DL Gerrells, Harvey Inv., Rugby Lions CNDC Outdoor	4'11" Region VI - 4'9" - SQ
4.	Casandra Blessum	DL Early Bird	4'3"
4.	Joclyn Seiler	Velva Inv.	4'3"

TRIPLE JUMP

1.	Vanessa Friestad	DL Early Bird	36'7" SQ SR
2.	Stephanie Friestad	Rugby CHM	31'10"
3.	Leah Lehman	Rugby Lions	29'7½"
4.	Joclyn Seiler	Region VI	27'9½"

POLE VAULT

1.	Jana Gronvold	Velva Inv.	9'0" SQ
2.	Leah Lehman	CNDC Outdoor	8'6"
3.	Kristi Black	Velva Inv.	6'6"
4.	Chelsea Halvorson	Rugby CHM	6'0"

* - New Season Best
SQ - State Qualifier
MR - Meet Record
SR - School Record



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400 METER RELAY

1.	Sarah Skipper, Jessica Tuchscherer Valerie Moller, Shannon Swanson	DL Rotary	51.93 SQ
2.	Valerie Moller, Jessica Tuchscherer Jessica Friestad, Shannon Swanson	DL Gerrells	52.19 SQ
3.	Courtney Jorgenson, Jessica Tuchscherer Mariah Koenig, Shannon Swanson	Region VI	52.28 SQ
4.	Courtney Jorgenson, Jessica Tuchscherer Morgan Gronvold, Shannon Swanson	Velva Inv.	52.44 SQ
5.	Courtney Jorgenson, Jessica Tuchscherer Morgan Gronvold, Shannon Swanson	State Class B Finals	52.52 SQ
6.	Kelsea Volk, Jessica Tuchscherer Morgan Gronvold, Shannon Swanson	Rugby Charlie Hanneman Memorial	52.80 SQ
7.	Courtney Jorgenson, Jessica Tuchscherer Kelsea Volk, Shannon Swanson	CNDC Outdoor	53.02
8.	Jessica Friestad, Jessica Tuchscherer Morgan Gronvold, Shannon Swanson	Rugby Lions	53.04
9.	Courtney Jorgenson, Jessica Tuchscherer Morgan Gronvold, Shannon Swanson	Mandan Kiwanis	53.31
10.	Jessica Friestad, Jessica Tuchscherer Morgan Gronvold, Shannon Swanson	Harvey Inv.	54.51
11.	Kelsea Volk, Kali Erickson Tara Kuntz, Courtney Jorgenson	DL Early Bird	56.04
12.	Nicole Fritel, Marah Schiele Tara Kuntz, Courtney Weiss	Lloyd Memorial	56.64

1600 METER RELAY

1.	Valerie Moller, Chelsea Halvorson Ashley Salwey, Sarah Skipper	DL Gerrells	4:12.90 SQ
2.	Valerie Moller, Chelsea Halvorson Ashley Salwey, Morgan Gronvold	State Class B	4:14.88 SQ
3.	Chelsea Halvorson, Sarah Skipper Morgan Gronvold, Ashley Salwey	Velva Inv.	4:16.00 SQ
4.	Mariah Koenig, Morgan Gronvold Chelsea Halvorson, Ashley Salwey	DL Rotary	4:16.89
5.	Valerie Moller, Chelsea Halvorson Morgan Gronvold, Ashley Salwey	Region VI	4:17.75
6.	Valerie Moller, Morgan Gronvold Ashley Salwey, Sarah Skipper	Mandan Kiwanis	4:19.25
7.	Valerie Moller, Chelsea Halvorson Sarah Skipper, Ashley Salwey	Rugby Lions	4:20.32
8.	Valerie Moller, Vanessa Friestad Danielle Wangler, Kirsten Welk	Harvey Inv.	4:32.99
9.	Ashley Salwey, Chelsea Halvorson Kirsten Welk, Sarah Skipper	DL Early Bird	4:34.40
10.	Morgan Gronvold, Kelsea Volk Kelsey McAtee, Sarah Skipper	CNDC Outdoor	4:35.71
11.	Cassandra Blessum, Courtney Jorgenson Kelsea Volk, Chelsea Halvorson	Rugby Charlie Hanneman Memorial	4:37.04

800 METER RELAY

1.	Sarah Skipper, Courtney Jorgenson Morgan Gronvold, Shannon Swanson	Velva Inv.	1:49.63 SQ
2.	Valerie Moller, Sarah Skipper Morgan Gronvold, Shannon Swanson	State Class B Prelims	1:49.77 SQ
3.	Sarah Skipper, Valerie Moller Morgan Gronvold, Shannon Swanson	DL Rotary	1:50.10 SQ
4.	Valerie Moller, Morgan Gronvold Vanessa Friestad, Shannon Swanson	DL Gerrells	1:50.55 SQ
5.	Courtney Jorgenson, Ashley Salwey Morgan Gronvold, Shannon Swanson	Region VI	1:50.91 SQ
6.	Ashley Salwey, Sarah Skipper Morgan Gronvold, Shannon Swanson	Rugby Charlie Hanneman Memorial	1:51.13 SQ
7.	Valerie Moller, Vanessa Friestad Morgan Gronvold, Shannon Swanson	Rugby Lions	1:52.31
8.	Courtney Jorgenson, Valerie Moller Morgan Gronvold, Shannon Swanson	Mandan Kiwanis	1:52.64
9.	Jessica Friestad, Sarah Skipper Morgan Gronvold, Shannon Swanson	Harvey Inv.	1:54.23
10.	Courtney Jorgenson, Kali Erickson Kelsea Volk, Shannon Swanson	CNDC Outdoor	1:55.09
11.	Kelsea Volk, Kali Erickson Casandra Blessum, Courtney Jorgenson	Lloyd Memorial	1:55.49
12.	Kelsea Volk, Vanessa Friestad Sarah Skipper, Morgan Gronvold	DL Early Bird	1:56.51

3200 METER RELAY

1.	Chelsea Halvorson, Sarah Skipper Kelsey McAtee, Kirsten Welk	DL Gerrells	10:15.40 SQ
2.	Kirsten Welk, Sarah Skipper Kelsey McAtee, Chelsea Halvorson	State Class B	10:27.40
3.	Chelsea Halvorson, Sarah Skipper Kelsey McAtee, Kirsten Welk	Mandan Kiwanis	10:28.59
4.	Ashley Salwey, Danielle Wangler Kirsten Welk, Kelsey McAtee	Lloyd Memorial	10:32.18
5.	Nicole Hager, Chelsea Halvorson Joclyn Seiler, Kristi Black	DL Rotary	11:03.61
6.	Nicole Hager, Danielle Wangler Joclyn Seiler, Kristi Black	Region VI	11:13.69
7.	Jena Suchor, Chelsea Halvorson Joclyn Seiler, Kristi Black	Rugby Lions	11:25.30

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