

Rugby High School Girls Track & Field Results

DEVILS LAKE ROTARY INVITATIONAL

Devils Lake, ND – Monday, May 16, 2005

100 Meter Dash

Jessica Tuchscherer - 13.33 - 3rd place
 Mariah Koenig - 13.41 - 4th place
 Kelsea Volk - 13.44 - 6th place
 Sarah Skipper - 13.54
 Courtney Jorgenson - 13.73
 Jessica Friestad - 14.16
 Tara Kuntz - 14.21
 Nicole Fritel - 14.64
 Marah Schiele - 14.78
 Courtney Weiss - 15.01

200 Meter Dash

Shannon Swanson - 27.55 - 3rd place
 Valerie Moller - 28.12 - 6th place
 Morgan Gronvold - 28.18 - 7th place
 Courtney Jorgenson - 29.04
 Mariah Koenig - 29.21
 Kelsea Volk - 30.25
 Casandra Blessum - 30.32
 Courtney Weiss - 30.77
 Nicole Fritel - 30.79
 Marah Schiele - 31.09

400 Meter Dash

Valerie Moller - 1:03.11 - 4th place
 Morgan Gronvold - 1:03.82 - 5th place
 Ashley Salwey - 1:05.47 - 6th place
 Casandra Blessum - 1:08.17
 Kelsea Volk - 1:11.15

800 Meter Run

Kelsey McAtee - 2:41.94 - 6th place
 Kristi Black - 2:51.90
 Jena Suchor - 3:17.17
 Mariya Bernhardt - 3:19.20

1600 Meter Run

Kelsey McAtee - 5:40.28 - 4th place
 Chelsea Halvorson - 5:58.28 - 5th place
 Danielle Wangler - 6:07.04 - 6th place

3200 Meter Run

Kirsten Welk - 12:39.93 - 2nd place
 Danielle Wangler - 13:53.10 - 5th place
 Nicole Hager - 14:39.29 - 6th place

100 Meter Hurdles

Sarah Skipper - 16.97 - 2nd place
 Kali Erickson - 17.90 - 4th place
 Courtney Jorgenson - 18.64

300 Meter Hurdles

Ashley Salwey - 50.60 - 3rd place
 Kali Erickson - 53.50 - 7th place

Shot Put

Leah Wentz - 36'11" - 2nd place - **SQ**
 Amanda Heilman - 32'6" - 5th place
 Kaycee Grochow - 28'8"
 Allison Brossart - 24'3"
 Amanda Blay - 23'6"

TEAM SCORES		
1.	Rugby	178
2.	Langdon	121
3.	Benson County	90
4.	Wells County	67
5.	Devils Lake	61
6.	Harvey	51
7.	Rolette/Wolford	38
8.	Bottineau	34
9.	New Rockford/Sheyenne	29
10.	Northern Lights	16
11.	Anamoose	14
12.	Belcourt	10
13.	Dunseith	4
14.	Lakota	3
15.	Cando	0

Discus

Leah Wentz - 103'1" - 8th place
 Amanda Heilman - 84'7"
 Allison Brossart - 72'1"
 Amanda Blay - 71'10"
 Tara Kuntz - 54'5"

Javelin

Jana Gronvold - 93'3" - 5th place
 Kristi Black - 89'7" - 8th place
 Amanda Blay - 78'0"
 Tara Kuntz - 69'7"
 Jena Suchor - 69'0"
 Allison Brossart - 63'9"

Long Jump

Stephanie Friestad - 14'7½" - 5th place
 Nicole Fritel - 14'7¼" - 6th place
 Kali Erickson - 14'4" - 8th place
 Casandra Blessum - 14'3"
 Courtney Weiss - 12'6¾"
 Tara Kuntz - 12'3½"
 Marah Schiele - 11'11"

Triple Jump

Vanessa Friestad - 31'5½" - 4th place
 Stephanie Friestad - 30'6¾" - 5th place
 Joclyn Seiler - 26'7¾" - 8th place

High Jump

Vanessa Friestad - 4'11" - 2nd place
 Leah Lehman - 4'9" - 4th place 3 way tie
 Casandra Blessum - 4'1"
 Joclyn Seiler - No Height
 Stephanie Friestad - No Height

Pole Vault

Jana Gronvold - 7'6" - 4th place
 Leah Lehman - No Height

400 Meter Relay

Sarah Skipper(12.93), Jessica Tuchscherer(13.68)
 Valerie Moller(12.68), Shannon Swanson(12.55)
 51.93 - 1st place - **SQ**

800 Meter Relay

Sarah Skipper(28.00), Valerie Moller(28.32)
 Morgan Gronvold(27.08), Shannon Swanson(26.66)
 1:50.10 - 1st place - **SQ**

1600 Meter Relay

Mariah Koenig(1:05.49), Morgan Gronvold(1:03.57)
 Chelsea Halvorson(1:03.69), Ashley Salwey(1:04.09)
 4:16.89 - 2nd place

3200 Meter Relay

Nicole Hager(2:51.68), Chelsea Halvorson(2:37.04)
 Joclyn Seiler(2:51.53), Kristi Black(2:43.07)
 11:03.61 - 1st place

SQ – State Qualifying
MR – Meet Record
SR – School Record