

**Rugby High School Track & Field Results**  
**CHARLIE HANNEMAN MEMORIAL INVITATIONAL**  
**Rugby, ND – Tuesday, May 3, 2005**

**100 Meter Dash**

Jessica Tuchscherer - 13.67 - 6<sup>th</sup> place  
Kelsea Volk - 13.97  
Casandra Blessum - 14.54  
Nicole Fritel - 14.94  
Stephanie Friestad - 14.98  
Marah Schiele - 15.11  
Courtney Weiss - 15.22

**200 Meter Dash**

Morgan Gronvold - 27.82 - 4<sup>th</sup> place  
Shannon Swanson - 27.98 - 5<sup>th</sup> place  
Kelsea Volk - 29.17  
Marah Schiele - 31.51  
Courtney Weiss - 31.52  
Nicole Fritel - 31.78

**400 Meter Dash**

Morgan Gronvold - 1:04.42 - 2<sup>nd</sup> place

**800 Meter Run**

Kelsey McAtee - 2:32.25 - 3<sup>rd</sup> place  
Chelsea Halvorson - 2:37.92 - 7<sup>th</sup> place  
Ashley Salwey - 2:42.14  
Kristi Black - 2:45.58

**1600 Meter Run**

Kelsey McAtee - 5:41.90 - 1<sup>st</sup> place - **MR**  
Kirsten Welk - 5:45.43 - 3<sup>rd</sup> place  
Chelsea Halvorson - 5:48.15 - 5<sup>th</sup> place  
Danielle Wangler - 6:00.14  
Nicole Hager - 6:49.51

**3200 Meter Run**

Kirsten Welk - 12:35.93 - 1<sup>st</sup> place - **MR**  
Danielle Wangler - 13:25.26 - 6<sup>th</sup> place  
Nicole Hager - 14:57.04

**100 Meter Hurdles**

Courtney Jorgenson - 18.37 - 6<sup>th</sup> place  
Ashley Salwey - 18.89 - 7<sup>th</sup> place

**300 Meter Hurdles**

Ashley Salwey - 48.24 - 2<sup>nd</sup> place - **SQ**  
Sarah Skipper - 49.52 - 4<sup>th</sup> place  
Courtney Jorgenson - 54.11 - 8<sup>th</sup> place  
Kristi Black - 55.25

**Shot Put**

Leah Wentz - 35'9½" - 1<sup>st</sup> place - **SQ, MR**  
Amanda Heilman - 30'5"  
Kaycee Grochow - 29'0"  
Allison Brossart - No Mark  
Jana Gronvold - No Mark

**Discus**

Leah Wentz - 109'1" - 2<sup>nd</sup> place  
Amanda Heilman - 83'8"  
Allison Brossart - No Mark  
Kaycee Grochow - No Mark  
Tara Kuntz - No Mark

**Javelin**

Jana Gronvold - 95'10" - 7<sup>th</sup> place  
Leah Wentz - 92'10" - 8<sup>th</sup> place  
Kristi Black - 83'6"

**Javelin** (continued)

Amanda Heilman - 78'2"  
Jena Suchor - 64'8"  
Tara Kuntz - 64'1"  
Allison Brossart - 60'1"

**Long Jump**

Vanessa Friestad - 17'9½" - 1<sup>st</sup> place - **SQ, MR**  
Nicole Fritel - 14'7¼" - 8<sup>th</sup> place  
Stephanie Friestad - 14'6"  
Casandra Blessum - 13'5¾"  
Courtney Weiss - 12'8¾"  
Tara Kuntz - 12'7½"  
Marah Schiele - 11'8"

**Triple Jump**

Vanessa Friestad - 34'1¾" - 1<sup>st</sup> place - **SQ, MR**  
Stephanie Friestad - 31'10" - 8<sup>th</sup> place

**High Jump**

Sarah Skipper - 4'9" - 2<sup>nd</sup> place  
Leah Lehman - 4'9" - 4<sup>th</sup> place  
Vanessa Friestad - 4'7" - 5<sup>th</sup> place 3 way tie  
Casandra Blessum - No Height

**Pole Vault**

Jana Gronvold - 8'6" - 3<sup>rd</sup> place  
Leah Lehman - 6'6" - 5<sup>th</sup> place  
Kristi Black - 6'0" - 6<sup>th</sup> place tie  
Chelsea Halvorson - 6'0" - 6<sup>th</sup> place tie

**400 Meter Relay**

Kelsea Volk(13.61), Jessica Tuchscherer(12.86)  
Morgan Gronvold(13.01), Shannon Swanson(13.11)  
52.80 – 2<sup>nd</sup> place - **SQ**

**800 Meter Relay**

Ashley Salwey(28.16), Sarah Skipper(29.53)  
Morgan Gronvold(25.74), Shannon Swanson(27.37)  
1:51.13 - 2<sup>nd</sup> place - **SQ**

**1600 Meter Relay**

Casandra Blessum(1:08.46), Courtney Jorgenson(1:08.34)  
Kelsea Volk(1:11.93), Chelsea Halvorson(1:07.82)  
4:37.04 – 5<sup>th</sup> place

**3200 Meter Relay**

**GIRLS TEAM SCORES**

1. Rugby - 174
2. Langdon - 88
3. Velva/Sawyer/Drake - 65
4. Benson County - 48
4. Devils Lake - 48
6. Wells County - 46
7. Minot Bishop Ryan - 42
8. Des Lacs-Burlington/Berthold - 38
9. Mohall/Lansford/Sherwood - 34
10. Harvey - 30
11. Rolette/Wolford - 21
12. Surrey - 19
13. New Rockford/Sheyenne - 18
14. Underwood/Turtle Lake-Mercer - 16
14. Belcourt - 16
16. Glenburn - 13
17. Anamoose - 12
18. Northern Lights - 8
19. Dunseith - 3
20. Westhope/Newburg - 1

**SQ - State Qualifier**

**SR - School Record**

**MR - Meet Record**