

# CENTRAL NORTH DAKOTA CONFERENCE INDOOR MEET RECORDS

## Girls

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Record</u>	<u>Year</u>
55 METER DASH .....	April Keller .....	Leeds/Maddock .....	7.37 .....	2000
200 METER DASH .....	Susie Keller .....	Harvey .....	27.22 .....	1993
400 METER DASH .....	Susie Keller .....	Harvey .....	1:01.70 .....	1993
800 METER RUN.....	Lindsay Anderson .....	Benson County .....	2:21.27 .....	2005
1600 METER RUN.....	Krista Anderson.....	Benson County .....	5:10.80 .....	2004
3200 METER RUN.....	Krista Anderson.....	Benson County .....	10:57.63 .....	2005
55 METER HURDLES .....	Karla Beck .....	Langdon .....	8.78 .....	2003
SHOT PUT .....	Chelsea Hausauer .....	Velva/Sawyer.....	41'10" .....	2001
HIGH JUMP .....	Susie Keller .....	Harvey .....	5'6" .....	1992
LONG JUMP .....	Bobbi Boyle .....	New Rockford .....	17'2½" .....	1992
TRIPLE JUMP.....	Heidi Selzler .....	Harvey .....	36'¼" .....	1998
POLE VAULT .....	Kelsey Aide .....	Bottineau .....	9'0" .....	2003
4 x 1 LAP RELAY.....	Brandilyn Gronvold.....	Rugby.....	1:31.16 .....	2002
	Tami Rocheleau			
	Tallie Stebner			
	Valerie Moller			
1600 METER RELAY.....		New Rockford .....	4:27.00 .....	1988
3200 METER RELAY.....		Rugby.....	10:20.90 .....	1993

## RETIRED MEET RECORDS

## Girls

60 METER DASH .....	Staci Hager .....	Rugby.....	8.09 .....	1997
300 METER DASH .....	Susie Keller .....	Harvey .....	44.56 .....	1992
1500 METER RUN.....	Heidi Daniel.....	Tioga/Ray.....	5:33.01 .....	1990
3000 METER RUN.....	Elizabeth Hoffner.....	Esmond .....	11:14.90 .....	1984
60 METER HURDLES .....	Susie Keller .....	Harvey .....	9.30 .....	1989