

CENTRAL NORTH DAKOTA CONFERENCE INDOOR MEET RECORDS

Girls

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Record</u>	<u>Year</u>
55 METER DASH	April Keller	Leeds/Maddock	7.37	2000
200 METER DASH	Susie Keller	Harvey	27.22	1993
400 METER DASH	Susie Keller	Harvey	1:01.70	1993
800 METER RUN.....	Rachelle Duerre	Mohall/Sherwood	2:26.08	2003
1600 METER RUN.....	Krista Anderson.....	Benson County	5:10.80	2004
3200 METER RUN.....	Krista Anderson.....	Benson County	11:11.04	2004
55 METER HURDLES	Karla Beck	Langdon	8.78	2003
SHOT PUT	Chelsea Hausauer	Velva/Sawyer.....	41'10"	2001
HIGH JUMP	Susie Keller	Harvey	5'6"	1992
LONG JUMP	Bobbi Boyle	New Rockford	17'2½"	1992
TRIPLE JUMP.....	Heidi Selzler	Harvey	36¼"	1998
POLE VAULT	Kelsey Aide	Bottineau	9'0"	2003
4 x 1 LAP RELAY.....	Brandilyn Gronvold.....	Rugby.....	1:31.16	2002
	Tami Rocheleau			
	Tallie Stebner			
	Valerie Moller			
1600 METER RELAY.....		New Rockford	4:27.00	1988
3200 METER RELAY.....		Rugby.....	10:20.90	1993

RETIRED MEET RECORDS

Girls

60 METER DASH	Staci Hager	Rugby.....	8.09	1997
300 METER DASH	Susie Keller	Harvey	44.56	1992
1500 METER RUN.....	Heidi Daniel	Tioga/Ray.....	5:33.01	1990
3000 METER RUN.....	Elizabeth Hoffner.....	Esmond	11:14.90	1984
60 METER HURDLES	Susie Keller	Harvey	9.30	1989