

2009 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

29 Coaches Voted in this weeks poll

Date: September 9, 2009

Class B Girls:

Teams

- 1 Parshall
- 2 Watford City
- 3 New Town
- 4 Velva
- 5 Griggs County Central

Individuals

- 1 Jayli Fimbres (New Town)
- 2 Sydney Kraft (Rugby)
- 3 Shayla Counts (Dunseith)
- 4 Tasha Heisler (Velva)
- 5 Skye Shaper (Killdeer)

- 6 Sibeek Jokela (Watford City)
- 7 Morgan Abel (Minot Ryan)
- 8 Symbria Bell (New Town)
- 9 Alexis Woods (Parshall)
- 10 Chandra Yankton (Dunseith)

Other teams receiving votes: Killdeer

Class B Boys:

Teams

- 1 Rugby
- 2 New Town
- 3 Valley City
- 4 Mandaree
- 5 Parshall

Individuals

- 1 Justin Many Ribs (New Town)
- 2 Ken Wells (Parshall)
- 3 Alex Baker (New Town)
- 4 Dylan Yoder (Rugby)
- 5 Jonathan Price (Garrison)

- 6 David Dobbs (Mandaree)
- 7 Dustin Jundt (Rugby)
- 8 Bridger Belzer (North Star)
- 9 Devon Yellow Wolf (Mandaree)
- 10 Anthony Askew (Cavalier)

Other teams receiving votes: Lisbon

Class A Girls:

Teams

- 1 Bismarck
- 2 West Fargo
- 3 Fargo South
- 4 Minot
- 5 Bismarck Century

Individuals

- 1 Brecca Wahlund (Minot)
- 2 Tarin Lachowitz (Fargo South)
- 3 Alissa Mears (West Fargo)
- 4 Jen Erickson (Grand Forks Central)
- 5 Taylor Pintar (Bismarck)

- 6 Shanice Lambert (Bismarck)
- 7 Erin Valenti (Fargo South)
- 8 Alana Fischer (Bismarck)
- 9 Whitney Harrison (Williston)
- 10 Ellie Grooters (West Fargo)

Other teams receiving votes:

Class A Boys:

Teams

- 1 Bismarck
- 2 Grand Forks Central
- 3 West Fargo
- 4 Bismarck Century
- 5 Williston

Individuals

- 1 Christian Brown Otter (Bismarck)
- 2 Shane Harlow (Grand Forks Central)
- 3 Brett Kelly (Bismarck Century)
- 4 Ian Wiest (Bismarck)
- 5 Brandon Barnes (Bismarck)

- 6 Francis Mendee (Grand Forks Red River)
- 7 Jamison Gehrig (West Fargo)
- 8 Lucas Degree (Bismarck)
- 9 Lane Kashur (Bismarck)
- 10 Levi Sether (Bismarck Century)

Other teams receiving votes: Jamestown