

2009 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

20 Coaches Voted in this weeks poll

Date: September 30, 2009

Class B Girls:

Teams

- 1 New Town
- 2 Parshall
- 3 Watford City
- 4 Killdeer
- 5 Griggs County Central

Individuals

- 1 Jayli Fimbres (New Town)
- 2 Shayla Counts (Dunseith)
- 3 Symbria Bell (New Town)
- 4 Tasha Heisler (Velva)
- 5 Alexis Woods (Parshall)

- 6 Sydney Kraft (Rugby)
- 7 Sibee Jokela (Watford City)
- 8 Skye Shaper (Killdeer)
- 9 Chandra Yankton (Dunseith)
- 10 Kade Ross (Watford City)

Other teams receiving votes: Velva

Class B Boys:

Teams

- 1 Rugby
- 2 New Town
- 3 Valley City
- 4 Mandaree
- 5 Grafton

Individuals

- 1 Justin Many Ribs (New Town)
- 2 Ken Wells (Parshall)
- 3 Alex Baker (New Town)
- 4 David Dobbs (Mandaree)
- 5 Dylan Yoder (Rugby)

- 6 Adam Monson (Hatton/Northwood/Thompson)
- 7 Bridger Belzer (North Star)
- 8 Devon Yellow Wolf (Mandaree)
- 9 Jonathan Price (Garrison)
- 10 Anthony Askew (Cavalier)

Other teams receiving votes:

Class A Girls:

Teams

- 1 Bismarck
- 2 West Fargo
- 3 Fargo South
- 4 Bismarck Century
- 5 Minot

Individuals

- 1 Brecca Wahlund (Minot)
- 2 Tarin Lachowitz (Fargo South)
- 3 Shanice Lambert (Bismarck)
- 4 Alana Fischer (Bismarck)
- 5 Jen Erickson (Grand Forks Central)

- 6 Taylor Pintar (Bismarck)
- 7 Tessa Haussler (Bismarck)
- 8 Alissa Mears (West Fargo)
- 9 Laura Roesler (Fargo South)
- 10 Casie Gates (Bismarck)

Other teams receiving votes:

Class A Boys:

Teams

- 1 Bismarck
- 2 West Fargo
- 3 Grand Forks Central
- 4 Bismarck Century
- 5 Williston

Individuals

- 1 Ian Wiest (Bismarck)
- 2 Christian Brown Otter (Bismarck)
- 3 Brett Kelly (Bismarck Century)
- 4 Jamison Gehrig (West Fargo)
- 5 Lucas Degree (Bismarck)

- 6 Spencer Kamoni (Jamestown)
- 7 Lane Kashur (Bismarck)
- 8 Jake Leingang (Bismarck)
- 9 Shane Harlow (Grand Forks Central)
- 10 Spencer Uetz (West Fargo)

Other teams receiving votes: