

# 2009 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

26 Coaches Voted in this weeks poll

Date: October 7, 2009

## Class B Girls:

### Teams

- 1 Parshall
- 2 New Town
- 3 Killdeer
- 4 Griggs County Central
- 5 Watford City

### Individuals

- 1 Shayla Counts (Dunseith)
- 2 Jayli Fimbres (New Town)
- 3 Tasha Heisler (Velva)
- 4 Sky Shaper (Killdeer)
- 5 Sydney Kraft (Rugby)

- 6 Chandra Yankton (Dunseith)
- 7 Sibee Jokela (Watford City)
- 8 Alexis Woods (Parshall)
- 9 Taylor Palmer (Griggs County Central)
- 10 Symbria Bell (New Town)

Other teams receiving votes: Velva

## Class B Boys:

### Teams

- 1 Rugby
- 2 New Town
- 3 Valley City
- 4 Mandaree
- 5 Parshall

### Individuals

- 1 Justin Many Ribs (New Town)
- 2 Ken Wells (Parshall)
- 3 Alex Baker (New Town)
- 4 Dylan Yoder (Rugby)
- 5 Bridger Belzer (North Star)

- 6 David Dobbs (Mandaree)
- 7 Anthony Askew (Cavalier)
- 8 Adam Monson (Hatton/Northwood/Thompson)
- 9 Jonathan Price (Garrison)
- 10 Devon Yellow Wolf (Mandaree)

Other teams receiving votes: Grafton

## Class A Girls:

### Teams

- 1 Bismarck
- 2 West Fargo
- 3 Fargo South
- 4 Bismarck Century
- 5 Minot

### Individuals

- 1 Brecca Wahlund (Minot)
- 2 Shanice Lambert (Bismarck)
- 3 Alissa Mears (West Fargo)
- 4 Laura Roesler (Fargo South)
- 5 Taylor Pintar (Bismarck)

- 6 Tarin Lachowitz (Fargo South)
- 7 Christine Baltezure (West Fargo)
- 8 Jen Erickson (Grand Forks Central)
- 9 Alex Backlund (Fargo Shanley/Oak Grove)
- 10 Casie Gates (Bismarck)

Other teams receiving votes:

## Class A Boys:

### Teams

- 1 Bismarck
- 2 Grand Forks Central
- 3 West Fargo
- 4 Bismarck Century
- 5 Williston

### Individuals

- 1 Ian Wiest (Bismarck)
- 2 Christian Brown Otter (Bismarck)
- 3 Brett Kelly (Bismarck Century)
- 4 Shane Harlow (Grand Forks Central)
- 5 Jamison Gehrig (West Fargo)

- 6 Lucas Degree (Bismarck)
- 7 Spencer Kamoni (Jamestown)
- 8 Lane Kashur (Bismarck)
- 9 Josh Hintz (Bismarck)
- 10 Spencer Uetz (West Fargo)

Other teams receiving votes: Fargo Shanley/Oak Grove