

2009 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

17 Coaches Voted in this weeks poll

Date: October 14, 2009

Class B Girls:

Teams

- 1 Killdeer
- 2 Parshall
- 3 Watford City
- 4 Griggs County Central
- 5 New Town

Individuals

- 1 Shayla Counts (Dunseith)
- 2 Sydney Kraft (Rugby)
- 3 Tasha Heisler (Velva)
- 4 Alexis Woods (Parshall)
- 5 Chandra Yankton (Dunseith)

- 6 Taylor Palmer (Griggs County Central)
- 7 Symbria Bell (New Town)
- 8 Jayli Fimbres (New Town)
- 9 Morgan Lemieux (Killdeer)
- 10 Sibeek Jokela (Watford City)

Other teams receiving votes: Velva

Class B Boys:

Teams

- 1 Rugby
- 2 New Town
- 3 Parshall
- 4 Valley City
- 5 Grafton

Individuals

- 1 Ken Wells (Parshall)
- 2 Justin Many Ribs (New Town)
- 3 Alex Baker (New Town)
- 4 Dylan Yoder (Rugby)
- 5 Bridger Belzer (North Star)

- 6 Anthony Askew (Cavalier)
- 7 David Dobbs (Mandaree)
- 8 Adam Monson (Hatton/Northwood/Thompson)
- 9 Devon Yellow Wolf (Mandaree)
- 10 Jonathan Price (Garrison)

Other teams receiving votes:

Class A Girls:

Teams

- 1 Bismarck
- 2 West Fargo
- 3 Fargo South
- 4 Bismarck Century
- 5 Minot

Individuals

- 1 Brecca Wahlund (Minot)
- 2 Alissa Mears (West Fargo)
- 3 Shanice Lambert (Bismarck)
- 4 Tarin Lachowitz (Fargo South)
- 5 Taylor Pintar (Bismarck)

- 6 Alana Fischer (Bismarck)
- 7 Erin Valenti (Fargo South)
- 8 Ellie Grooters (West Fargo)
- 9 Casie Gates (Bismarck)
- 10 Laura Roesler (Fargo South)

Other teams receiving votes:

Class A Boys:

Teams

- 1 Bismarck
- 2 West Fargo
- 3 Grand Forks Central
- 4 Bismarck Century
- 5 Fargo Shanley/Oak Grove

Individuals

- 1 Brett Kelly (Bismarck Century)
- 2 Christian Brown Otter (Bismarck)
- 3 Ian Wiest (Bismarck)
- 4 Jamison Gehrig (West Fargo)
- 5 Spencer Uetz (West Fargo)

- 6 Shane Harlow (Grand Forks Central)
- 7 Josh Hintz (Bismarck)
- 8 Caleb Shaffer (Williston)
- 9 Lane Kashur (Bismarck)
- 10 Levi Sether (Bismarck Century)

Other teams receiving votes: