

2006 PANTHER CROSS COUNTRY

The 2006 cross country season saw an increase of 2 in the total number of participants, with both the boys and girls fielding full teams. Thirty athletes in grades 7-12 participated. The breakdown was 11 girls (decrease of 3 from 2005) and 19 boys (increase of 5 from 2005). There were no senior girls and no senior boys.

The teams participated in 12 meets. The varsity girls won 1 meet and finished in the top five as a team in 7 meets. The girls were 3rd at Region and 3rd at State. The varsity boys finished in the top five as a team 8 times. The boys were 4th at Regionals and 5th at State. This is the highest State finish since 1997 for the girls when they also finished 3rd and the second year in a row that both the girls and boys teams finished in the top 5 at State. The girls team received the Team Scholar Award given by the NDHSAA.

The girls placed four runners on the All-Region team (Danielle Wangler - 10th - 3rd year, Kirsten Welk - 13th - 2nd year, Chelsea Halvorson - 15th - 3rd year, Mariya Bernhardt - 16th - 1st year) and two runners on the All-State team (Kirsten Welk - 10th - 2nd year, Chelsea Halvorson - 17th - 2nd year). The boys had two All-Region runners (Dylan Yoder - 2nd - 3rd year, Dustin Jundt - 17th - 1st year) and one runner on the All-State team (Dylan Yoder - 2nd - 3rd year).

An elementary race was run at the 13th Annual Rugby Booster Club Invitational for the 8th straight year. 7 girls and 6 boys from Rugby participated in the elementary race of 1600 meters which was open to all the schools that attended the meet. A total of 34 girls and 35 boys ran in the races. Shea Heidlebaugh was the top Rugby elementary girl finishing in 18th place. Brad Heidlebaugh was the top Rugby elementary boy finishing in 9th place.

Coach Bill Jansen

AWARDS

	Girls	Boys
Most Valuable	Kirsten Welk (Junior)	Dylan Yoder (Freshman)
Most Dedicated.....	Danielle Wangler (Junior)	Tyler Haugen (Junior)
Most Improved	Mariya Bernhardt (Freshman).....	Kyle Volk (7th Grade)

LETTER WINNERS

Girls	Boys
Danielle Wangler - Junior (5 years)	Tyler Haugen - Junior (4 years)
Kirsten Welk - Junior (3 years)	Jeshua Buckmeier - Sophomore (2 years)
Kristi Black - Sophomore (4 years)	Josh Dockter - Sophomore (1 year)
Shelby Deckert - Sophomore (4 years)	Bryant Halvorson - Sophomore (1 year)
Joclyn Seiler - Sophomore (4 years)	Jeremy Johnston - Sophomore (3 years)
Mariya Bernhardt - Freshman (2 years)	Tommy Schwartz - Sophomore (1 year)
Chelsea Halvorson - Freshman (3 years)	Josh Houim - Freshman (1 year)
Stephanie Friestad - Freshman (1 year)	Jordan Kuhnenn - Freshman (1 year)
Crystal Hovland - 8th Grade (2 years)	Dustin Jundt - Freshman (2 years)
Natalie Ley - 7th Grade (1 year)	Michael Steen - Freshman (1 year)
	Aaron Teigen - Freshman (3 years)
	Dylan Yoder - Freshman (3 years)
	Mike Ostrem - 8th Grade (2 years)
	Garrett Thompson - 8th Grade (1 year)
	Wyatt Thompson - 8th Grade (1 year)
	Kyle Volk - 7th Grade (1 year)

Non-Lettering Participants - Eric Kuntz - 8th Grade
Janessa Veach - 7th Grade
Erik Wangler - 7th Grade
Matthew Wolbaum - 7th Grade